

SPORT PSYCHOLOGY COUNCIL MEETING MINUTES WWW.SPORTPSYCHOLOGYCOUNCIL.ORG

December 2023

Recorded by: Erika Van Dyke, Ph.D. & Judy L. Van Raalte, Ph.D.



1 REPORTS SHARED

Friday October 20, 2023 at 12:45-13:45

Dogwood Room (Mezzanine level)

Hilton Orlando Lake Buena Vista, 1751 Hotel Plaza Blvd, Lake Buena Vista, FL 32830 USA

Name	Organization
Julie Vieselmeier	American Psychological Association Society for Sport, Exercise & Performance Psychology (APA Division 47)
Bob Harmison	Association for Applied Sport Psychology (AASP)
Ian Wilson	British Association of Sport and Exercise Sciences (BASES)
Erin Cressman	Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS)
Marcia Edwards	Collegiate Clinical/Counseling Sport Psychology Association (CCSPA)
Joan Duda, Anne-Marie Elbe	European College of Sport Sciences (ECCS)
Maurizio Bertollo, Zsanett Bondár, Yago Ramis, Rita De Oliveira	European Federation of Sport Psychology (FEPSAC)
Anja Kröger	German Association of Sport Psychology (ASP)
Montse Ruiz	International Association of Applied Psychology (IAAP) Division 12 Sport Psychology
Robert Schinke	International Society of Sport Psychology (ISSP)
Joaquin Dosil	Iberoamerican Society of Sport Psychology (SIPD)
Yasuhisa Tachiya	Japanese Society of Sport Psychology (JSSP)
Anne Cox, Penny McCullagh	North American Society for the Psychology of Sport and Physical Activity (NASPSPA)
Charlie Maher	Professional Baseball Performance Psychology Group (PBPPG)
Chiao-Lin Nien	Society for Sport and Exercise Psychology of Taiwan (SSEPT)
David Peris-Delcampo	Spanish Federation of Sport Psychology Associations (FEPD)
Kwok Ng Judy L. Van Raalte	Sport Psychology Council (SPC)
Joakim Karlsson, Emil Andersson	Swedish Sport Psychology Association (SIPF)

2 MINUTES SCRIBES

Erika Van Dyke and Judy L. Van Raalte

3 AGENDA

1. Brief reports on the state of associations

a. American Psychological Association Society for Sport, Exercise & Performance Psychology (SSEP, APA Division 47).

Report submitted by: Julie Vieselmeier, PhD

The mission of the Society for Sport, Exercise, & Performance Psychology (SSEPP) is to develop, promote, and disseminate information to professionals and the public related to: (a) standards for competent and ethical practice, (b) models of graduate and postdoctoral training, and (c) scientific knowledge that informs and guides practice. There are approximately 900 members of SSEPP, including student and professional affiliates who are not members of the larger American Psychological Association (APA).

The executive committee (EC)'s midwinter meeting took place virtually February 9-10, 2023, and held pre-Convention meetings in-person (with some members joining virtually) at the APA Convention in Washington D.C. on August 8-9, 2023. Section 1 of SSEPP, Running Psychologists, hosted Ray's Race, in person, as part of the APA 2023 Convention. This race included over 100 registrants (114 total) and was at the well-received location of the Congressional Cemetery in Washington, D.C. Section 1 has continued recent initiatives including efforts to improve inclusivity in race awards and plan to develop a plan for virtual racers to participate who are unable to attend the annual convention, but would like to feel a sense of community.

Section 2 of SSEPP, Performance Psychology, invited nominations for its governance board, reviewed bylaws, updated its website on APA, and organized Section history online. The Section's programming marked the 15th year of the Hays-Shepphird Tele-Consultation Groups. In promoting the Section: presented at Dance USA 2023 national convention for its Task Force on Dancer Health; connected with and established a position on the International Association of Dance Medicine Specialists (IADMS); promoted the Section at APA 2023 Convention and welcomed Section members at a Division 47 inclusive social. The Section honored Shane Murphy, Ph.D., with the Kate F. Hays Memorial Award at APA 2023 Convention.

The major activities of SSEPP over the past year included:

1. Establishing and initiation of the Equity, Diversity, and Inclusion (EDI) Co-Coordinator positions. The co-coordinators appointed by the president are Drs. Kensa Gunter and Tanya Prewitt-White. The EDI Coordinators facilitated several conversations at the pre-convention meetings and an EDI listening session with members following the presidential address. The plan is for this position to eventually have voting privileges on the EC.
2. Division 47 participated in several Summits and Task Forces including the NCAA Mental Health Advisory Group.
3. APA is "sunsetting" proficiencies in favor of Specialties/Sub-Specialties (2022). Division leadership is working with APA to determine how to create a new specialty or subspecialty in sport, exercise, and performance psychology. One step toward that end is establishing Professional Practice Guidelines (PPGs) for Sport Psychology.
4. Professional Practice Guidelines (PPGs) for Sport Psychology: PPGs address psychological practice with particular populations or in particular areas (see <https://www.apa.org/practice/guidelines>). An editor was hired by Division 47 to improve consistencies throughout the guidelines and to complete a revised document that can be submitted to APA for consideration. Drs. Courtney Albinson and Shane Murphy, co-editors, continue to work with the writing group, the EC, and the editor to progress through the revision process. A timeline for ongoing progress will be established.
5. The Division 47 Cornerstone Committee completed their most recent mentorship program in 2023 which included 6 mentors (mid-career and senior professionals) who worked with 10 mentees (ECPs). The next cohort for this program is anticipated to take place in Spring 2024. The Cornerstone Committee also reviewed all graduate student dissertation award applications resulting in awardees at the 2023 APA Convention.

6. APA Convention was held in Washington D.C. Programming included business meetings, invited talks, poster sessions, and award presentations.
7. The Division's journal hired a new editor-in-chief, Mark R. Beauchamp, PhD and expanded the number of associate editors to be in alignment with journals of similar size and impact. Journal will become a digital only publication in 2024 for cost-savings impact on membership dues.
8. Student representatives' initiatives for the upcoming year:
 - a. Increase student membership and membership of underrepresented groups
 - b. Planning concrete and effective student-focused programs/projects
 - c. Focus on student-specific programming
9. As our new EC started their terms at the conclusion of the APA convention in August, the incoming president noted initiatives to carry forward and new focal points of the division.

Initiatives to carry forward:

 - a. Support the completion of the Professional Practice Guidelines
 - b. Promote the establishment of sport, exercise, and performance psychology specialty
 - c. Support EDI coordinators and subsequent EDI initiatives

Additional focus points for 2024:

 - a. Increase operational efficiency and effectiveness as an EC
 - b. Make fiscally responsible decisions and utilize Division resources to promote the field and give back to members
 - c. Utilize working groups to accomplish new tasks and initiatives

b. Association for Applied Sport Psychology (AASP)

Report submitted by: Bob Harmison

Certified Mental Performance Consultant® (CMPC®)

AASP's primary organizational focus remains our Certified Mental Performance Consultant (CMPC) program. The number of active CMPCs increased by 40% in just the last 12 months (from 660 to 925) and we anticipate crossing over a milestone of 1,000 CMPCs by the end of 2023. There have been 125 MPCs from the Canadian Sport Psychology Association (CSPA) that have passed the examination and entered into the jointly administered AASP-CSPA CMPC program. AASP remains fully accredited by the Institute for Credentialing Excellence (ICE) as a National Commission of Certifying Agencies (NCCA) accredited certification program.

Graduate Program Accreditation

AASP's Graduate Program Accreditation Committee will be formally adopting accreditation standards for graduate programs in sport and performance psychology by the end of 2023, officially launching our new accreditation program (including accepting applications) in mid-2024 with first accreditation decisions expected in 2025.

Strategic Partnerships

AASP has been a part of the Mental Health Advisory Group responsible for updating the NCAA's Interassociation Consensus Document: Understanding and Supporting Student-Athlete Mental Wellness – Mental Health Best Practices document. Bob Harmison is serving as the AASP representative and work to promote comprehensive mental health, the mental health continuum, and the importance of the CMPC credential. Bob also presented "How to Be a Mental Health Asset" at the Joint Commission on Sports Medicine & Science (JCSMS) 2023 Conference in Kansas City, a forum for the nation's top sport medicine organizations.

Education

There has been high participation in AASP's first two live conferences post pandemic. In 2022, there were 1,250 total attendees (975 in person and 275 recorded access) and current registration for 2023 in Orlando is 1,175 (1,000 in person and 175 recorded access). Our 2024 conference will be held October 23-26 in Las Vegas and 2025 conference October 15-18 in Montreal – a joint meeting with the Canadian Sport Psychology Association (CSPA).

Strategic Plan

AASP constructed a new 4-year Strategic Plan (2023-2026), with 8 top priorities and over 125 SMART Goals and that support our work in the following areas:

- Brand Activation
- Certification Program Maintenance & Promotion
- Diversity, Equity, Inclusion, Belonging, & Justice (DEIBJ)
- Financial Health
- Graduate Education & Professional Development
- Membership Investment, Retention, & Recruitment
- Organizational Structure and Communication
- Scientific Practice Excellence

The full plan can be viewed here:

<https://appliedsportpsych.org/about-the-association-for-applied-sport-psychology/strategic-plan/>

c. British Association of Sport and Exercise Sciences (BASES)

Report submitted by: Ian Wilson

The [Division of Psychology](#) is one of five Divisions within BASES. One of the main pieces of business of the Division is the [BASES Sport and Exercise Psychology Accreditation Route](#) (SEPAR) programme, which continues to thrive under the stewardship of Dr Rob Morris. SEPAR is a programme of professional development, skill acquisition and supervised practice to ensure that candidates acquire the knowledge, skills, and experience required to be eligible to apply for registration with the [Heath and Care Professions Council](#) (HCPC) as a Practitioner Psychologist. This year, a further 10 candidates were confirmed



The British Association of
Sport and Exercise Sciences

by the SEPAR Advisory Group (SEPAR AG) as being SEPAR complete and eligible to apply to the HCPC register. This brings to 29 the number of candidates who have 'graduated' through SEPAR since its launch in January 2020. 26 candidates enrolled on SEPAR in August 2023 and 63 enrolled in February 2023. To date there are 51 Reviewers and 68 Supervisors who are active on the [SEPAR Directory](#), a service recently developed for BASES members. In June 2022, 42 candidates registered for and 25 then successfully completed the Open University DE200 module (Investigating Psychology 2) to support the necessary entry requirements onto SEPAR regarding evidencing 'underpinning psychology knowledge'. SEPAR candidates all access a number of core workshops, including Safeguarding in Sport and Exercise Sciences; Professional Ethics for Sport and Exercise Scientists; Reflective Practice for Sport and Exercise Scientists; Counselling Skills; Practice Philosophy; Equity, Diversity, and Inclusivity in Sport and Exercise Psychology; and Case Study workshop.



In recent months, the SEPAR programme has been subject to a review carried out by independent consultant, Dr Paula Watson. Given that the programme is now more established and there are several candidates now coming towards the end of their training, it was felt this was an ideal opportunity to iron out some of the difficulties candidates were facing with their submissions, by tightening up the regulations of the qualification, and developing the forms to be used. This review resulted in several changes to the SEPAR programme, which were confirmed by the SEPAR Advisory Group, chaired by Dr Rob Morris, in July 2023 and will come into effect for November 2023 submissions onwards.

In 2022, BASES was selected by the HCPC to undertake a performance review, as part of the Education quality assurance model. The purpose of this review was for the HCPC to understand our performance as a provider and consider continued alignment to the HCPC standards for which a significant and comprehensive portfolio was submitted. We received a positive report from the HCPC Education and Training Panel last autumn.

Following its launch in January 2022, BASES continues to support a new BASES [Postgraduate SEPAR Endorsement Scheme](#) (PSES), which was designed to allow registrants to evidence, expediently, the completion of an appropriate M-level qualification for entry onto the Sport and Exercise Psychology Accreditation Route (SEPAR), which covers the relevant knowledge-based HCPC Standards of Proficiencies. This Endorsement Scheme supports future Sport and Exercise Psychologists who choose an MSc. programme that is BASES endorsed, and which will appropriately position them for application to SEPAR upon completion. The following 11 universities all have M-level Psychology courses that are endorsed by BASES: Brunel University, Liverpool John Moores University, Middlesex University, Setanta College, Sheffield Hallam University, St Mary's University Twickenham, University of Bolton, University of Chichester, University of Derby, University of East London, University of Portsmouth. The applications for endorsement will fall in the same cycle as the BASES Undergraduate Endorsement Scheme (January, May and September).

Over the year, four Division Days were delivered virtually with 393 delegates registered and 278 live attendees: The Psychology Day took place 10 May 2023 and was extremely well attended, with a significant number of delegates registering for the event. The event was acknowledged for having the feel of an international conference once again, with delegates also reflecting that the online nature of the event increased accessibility. In addition to the quality of talks, the event was also applauded for the diversity of speakers which represented well the diverse nature of the BASES membership – and the wider sport and exercise psychology community.

BASES Conference 2022 took place on 15-16 November at King Power Stadium, Leicester, with two inspiring days filled with world-leading insight and expertise. This was the first in person event since November 2019. Baroness Campbell of Loughborough DBE, Director of Women's Football at the FA opened the conference with the invited keynote: - 'Maximising performance'. Following this was a day of thought-provoking poster presentations, free communications and parallel invited symposiums. The second day showcased a variety of rich content, with Prof Joan Duda, Professor of Sport and Exercise Psychology, University of Birmingham delivering the closing keynote with 'Optimising engagement in youth sport: Implementing interventions, increasing impact, and the challenges of doing both!'



The BASES Annual Conference 2023 was held at the CBS Arena, Coventry on 16 to 17 November 2023. The BASES Conference Planning Group worked hard on the topics and programme, details of which can be found [here](#).

BASES offers a bespoke suite of mental health resources. These educational materials support learners to develop essential knowledge on the critical issue of mental health in sport and exercise. Eight unique units, comprising of video lecture with resource booklet and guided reading lists, cover the following topics: Mental health; Depressive disorders; Anxiety disorders; Post-traumatic stress disorder; Eating disorders; Addictive behaviours; Understanding stigma; Mental health literacy. To view the trailers for the eight units, please click [here](#). Registration is available [here](#) to purchase these units.

The [Association for Applied Sport Psychology \(AASP\) MoU](#) was finalised, with new member benefits introduced for the next period of partnership (BASES members are now able to access *Case Studies in Sport and Exercise Psychology* (CSSEP)). Initial discussions have also taken place with International Society for Sport Psychology to develop an MoU. A number of webinars were delivered across the year and Division newsletters were developed and shared with members. Earlier in the year, Dr Adam Gledhill FBASES, Chair of the Psychology Division, announced his decision to step down from his role at the end of his current tenure in November 2023. Following open recruitment, the Board is delighted to announce [Dr Amy Whitehead as incoming Division Chair](#) and Director on the Board. Amy started in the role in November 2023, following the AGM. Thanks are extended to Adam for his support of the Division and of BASES over his tenure.

d. Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS)

Report submitted by: Erin Cressman

The objectives and purposes of SCAPPS include the promotion of the advancement of psychomotor behaviour and sport and exercise psychology studies in Canada; to organize scientific meetings the purpose of which is to provide a forum for exchange of views and scientific information related to psychomotor behaviour and sport and exercise psychology; and to offer advice to the public and members of other sport science disciplines, on matters pertaining to psychomotor behaviour and sport and exercise psychology.

SCAPPS activities 2022-2023:

The 2023 SCAPPS conference was held in Kingston, Canada from October 12-14; hosted by Queen's University.

The Franklin Henry Young Scientist Awards (FHYSAs) were presented on October 13, 2023. The purpose of this award is to recognize scholarly research of trainee members of SCAPPS. The winners of the 2023 FHYSAs were Laura St. Germain (motor control and learning), Maeghan James (exercise psychology), and Danielle Alexander (sport psychology).

The Annual General Meeting was held on October 13, 2023.

Elections for SCAPPS Executive Committee members were held and the newly-elected members are: Dr. David Hancock (President Elect; 2023-2024), Dr. Scott Rathwell (Secretary-Treasurer; 2023-2025), and Ganesh Tailor (Student Representative; 2023-2024). The outgoing member of the Executive Committee is: Dr. Nick Wattie.

Nominations for the upcoming year will include openings for the following positions on the SCAPPS Executive Committee: Secretary-Communications, Director – Equity, Diversity, and Inclusion, Director – Sport and Exercise Psychology, Director – Motor Control and Learning, and Student Representative.

The Brawley and Elliott Award for Excellence in Supervision and Mentorship was awarded to Dr. Catherine Sabiston and Dr. Timothy Welsh.

12 student travel awards were awarded in this inaugural year to offset costs associated with conference travel (total funds awarded \$7000).

The next SCAPPS conference will be held in the fall of 2024 in Winnipeg, Manitoba (October 17 – 19, 2024).

e. Collegiate Clinical/Counseling Sport Psychology Association (CCSPA)

Report submitted by: Marcia Edwards

CCSPA is a group that advocates for licensed mental health clinicians providing services to collegiate, Olympic, and professional athletes by keeping interested agencies and administrators informed regarding best practices and

standards of care. Our group seeks to be the voice for these providers, educating administrators, invested organizations, and others about the unique nature of this subspecialty of the field of psychology and best practices for provision of mental health and performance services. We also aim to provide continuing education to members in order to maintain a standard of excellence within our field. CCSPA also provides an avenue for networking and collaboration among members.

CCSPA has a three-fold mission: advocacy, education, and collaboration. To accomplish this mission, CCSPA offers members a platform for networking and consultation, resources, and educational opportunities such as webinars presented by experts within the field.

CCSPA offers four levels of membership for (1) dually trained mental health and performance service providers, (2) mental health providers, (3) pre-licensed providers, and (4) others interested in student-athlete mental health and well-being.

Below are a few exciting updates and announcements from CCSPA:

1. CCSPA is getting a NEW WEBPAGE DESIGN! Stay tuned for updates to the website for improved functionality and site navigation.
2. CCSPA expects to expand our CE offerings, with quarterly continuing education webinars beginning in 2024!
3. CCSPA is pushing forward with a range of committees - DEI, Master's Level Therapists, White Papers, and Education/Training.
4. The organization's next white paper will report on scope of practice and spectrum of care for providers in university athletics departments. Expected completion for this white paper will be in time for the annual Big Sky Conference.
5. The DEI committee is currently under a "review and restructure" period. Ideas are being discussed for how to continue to build on the efficiency of this growing subcommittee. Restructured subcommittees are as follows:
 - Outreach: Responsible for engaging in outreach within the community of the conference, with emphasis on HBCUs (e.g. Atlanta for 2024) and increase outreach to undergraduate/graduate programs to help them understand their multiple pathways to be a sport provider.
 - Research: Responsible for identifying opportunities for the advancement of DEI research that addresses the needs of the populations that we serve.
 - Education and Training: Responsible for engagement in education and training for graduate students, current professionals, and the CCSPA organization in continuing education presentations and opportunities around diversity, education, and inclusion related topics.
6. The annual Big Sky Conference will be held in Atlanta, GA in February 2024. Conference registration opened in October 2023. All conference invitees must be CCSPA members to attend the conference. The board & planning committee are planning for breakout groups within presentations and planning for networking opportunities across all practice settings. CCSPA is an APA continuing education provider.

If you have questions, comments, or concerns regarding CCSPA, please contact CCSPA at CCSPAssoc@gmail.com

f. European College of Sport Sciences

Report submitted by: Joan Duda, Anne-Marie Elbe

ECSS Report submitted by Joan Duda and Anne-Marie Elbe

After years of sport psychology representation on the ECSS executive board (Prof Joan Duda, University of Birmingham), no current EB members have a sport psychology background at this time. The ECSS Scientific Board, Scientific Committee and Reviewing Panel have strong sport psychology representation provided by Prof Anne-Marie Elbe (Leipzig University), Pierre-Nicolas Lemyre, Maurizio Bertollo (Current FEPSAC President), Andy Lane, and Sally Fenton. The Scientific Board is working to keep sport psychology well represented at ECSS. In ECSS Paris 2023, the largest numbers of conference paper submissions in the Psychology, Social Sciences and Humanities area were from sport psychology. ECSS also supports an ECSS-FEPSAC invited symposium at both congresses furthering the ties between the two organizations.

In 2024, the ECSS Congress will take place in Glasgow, Scotland (July 2-5). Proposals for Plenary Sessions and Invited Symposia are open through 10 November 2023. Abstract submissions for oral and poster presentations can be submitted between 1 January through 15 February, 2024.

g. European Federation of Sport Psychology (FEPSAC)

Report submitted by: Maurizio Bertollo, Zsanett Bondár, Yago Ramis, Rita De Oliveira



Managing Council meeting in Innsbruck hosted by Chris Willis as representative of LOC Innsbruck 2024. L-R standing are: Zsanett, Rita, Alexis, Franzi, Alina, Michala; sitting are Nastia, Chris, Maurizio, Sakis, Yago

1. FEPSAC Managing Council Meeting in Innsbruck

The Managing Council Meeting took place in Innsbruck, Austria, 23-26 March 2023, hosted by the Local Organizing Committee of the next FEPSAC Congress that will take place in this beautiful town, 15-19 July 2024. The MC had the chance to visit the town and the congress facilities and can confirm

that all infrastructure and personnel met the high Congress standards that FEPSAC members have been accustomed to in previous editions. The venue is a wonderful blend of historic and modern with plenty of room for theory and applied sessions as well as social activities, and will therefore be the main hub for all Congress activities. With a chair lift and a beautiful river outside the congress venue, the botanical gardens across the road and the town centre 200 m away the MC was delighted at the prospect of welcoming the FEPSAC community next year.

In addition to the preparation of the congress, meetings were held to discuss the next SASP certification round, future benefits for both group and individual members, the membership area under construction on the website, future participation in European Projects and the preparation of FEPSAC position statements. The next in-person Managing Council meeting will be hosted in Bucharest (Romania) in September 2023.

2. FEPSAC General Assembly

On 23 March 2023, FEPSAC's yearly General Assembly (GA) took place online with all group and individual members invited. The GA included reports from the President, Secretary General, Treasurer and Vice Presidents of Applied and Education, and Research and Communication. The GA approved the financial report for 2022 and the inclusion of Franzi Lautenbach as new member of the Managing Council after Bernd Strauss left the position for personal reasons.

At the GA it was announced that the venue for the 2026 FEPSAC Congress is Timișoara, in Romania. The Managing Council is very pleased that the FEPSAC congress will take place again in an Eastern European country after so many years, and thanks the Coaching and Sport Psychology Association (ACPS) in Romania, as well as local organisers Cristian Alexandru Boncu and Alina-Isabela Gherghisan.

3. Next FEPSAC Congress: Innsbruck 2024

The 2024 FEPSAC-Congress will take place from Monday, 15 July until Friday, 19 July 2024 in Innsbruck, Austria. Our congress theme will be "*Performance under Pressure*" in sports (broadly understood to include elite, youth, school, e-sports, military, police, performing arts, medicine and business). The program consists of pre-conference continuing education workshops, invited keynote talks, symposia, workshops, panels, lectures, and poster sessions. Abstracts addressing the scientist-practitioner perspective are strongly encouraged.

Dates to make a note of are: Opening abstract submissions and registration on 9 October 2023; Closing abstract submissions on 15 January 2024. Please see our [conference website](#) for more details and sign up for the congress newsletter for the newest information on keynote speakers, workshops, awards and more.

FEPSAC and the Congress 2024 Team hope to see you in person in Innsbruck 2024!

4. FEPSAC Webinar

On the 16 June at 12.00 (CET) the sport psychologist and researcher Mickaël Campo presented the webinar "[The Path to Excellence: Integrating Sport Psychology for Young Elite Athlete Development](#)". The webinar aimed to

explore the implementation of sport psychology in the development of young elites aged 15 to 18 by the FFR. Drawing upon scientific knowledge and evidence-based practices, the Performance Support Department, specifically its sports psychology division, has adopted an innovative approach to mental preparation, aligning it with established models of sports training. This approach emphasizes the importance of strategic planning and quantification of mental training efforts.

5. FEPSAC Invited Symposium at ECSS Paris 2023 (4-7 July 2023)

Alexis Ruffault (French Institute of Sport – INESP France and FEPSAC MC) and Andreas Ivarsson (University of Halmstad) chaired the symposium “Psychological Perspectives on Sport Injuries” at the ECSS congress held in Paris on 5 July, 2023. The FEPSAC MC thanks Andreas Ivarsson, Afke Van de Wouw, Leslie Podlog for their great presentations, and the audience for their interest and participation.



6. FEPSAC is participating in two Erasmus+ Sport EU Grants

Since May 2022, FEPSAC is part of two different Erasmus+ Sport projects acting as a coordinator in one of them. Specifically, the projects granted are “4me4all” on the inclusion of adolescents at risk under the tutorship of former elite athletes, and “EUPAG” European Physical Activity Guidelines to Tackle Depressive Symptoms. These projects of two and three years respectively, involve sport organizations from Belgium, Netherlands, Portugal, Italy, Turkey and Germany.

EUPAG-DS website and social media accounts: This Erasmus+ project is coordinated by the Faculdade de Motricidade Humana (University of Lisbon) and involves institutions from Portugal, Netherlands, Austria and Belgium. We are pleased to share that the [website](#), and the [Instagram](#) and [Facebook](#) accounts are now available. All these accounts will be regularly updated with project news and other relevant information, so we encourage you to follow them to keep up with the project developments.

7. FEPSAC partnered with the European Sport Congress (20-22 September 2023)

FEPSAC has partnered with the European Sport Congress, an international event that was be the stage for the latest sport research, development, and innovation. From the 20- 22 September 2023, Gijón (Spain) hosted sport stakeholders from all over Europe, including various European Olympic Committees, the European Commission Head of Sport Unit, Yves Le Lostecque, sport federations, clubs, and companies, as well as higher education institutions and research centres to communicate their projects, attend the workshops on project management, communication, innovation and sustainability, and network with potential partners.

As a partner for this event, FEPSAC offered its members and associates a promotional code to attend the event for the early bird price. Visit the European Sport Congress website to learn more about the congress:

www.sportcongress.eu.

8. FEPSAC Certification

During the year 2022 the following sport psychology practitioners have obtained the FEPSAC Professional Certification for Specialists in Applied Sport Psychology (SASP-FEPSAC): Patricia Jackman, Frank Muller and Ashleigh Vilk. You can read the full list of SASP certified practitioners on the [website](#).

All sport psychology practitioners that are willing to obtain the FEPSAC Professional Certification can review all required prerequisites and criteria [here](#). The next deadline to submit the portfolio will be 30 September 2022.

9. FEPSAC Internship Grant

Every year FEPSAC members who are either PhD students or starting their applied practice can apply to this internship grant to spend a period of time in another European country, by submitting their application to office@fepsac.com by 31 May or 31 December of each year.

10. Psychology of Sport and Exercise keeps increasing its impact factor

The 2022 Impact Factors for journals included in the Journal Citation Reports index has been released by Clarivate Web of Science. In the field of Sport and Exercise Psychology, the official journal of FEPSAC - Psychology of Sport and Exercise (PSE) - keeps a leading position (Q1 in Sports Sciences) with an impact factor of 3.4.

We wish to acknowledge the wonderful work of the whole Editorial Board of PSE with a special mention to the previous Editors In-Chief, Nikos Ntoumanis and Bernd Strauss, for an impeccable and highly dedicated job over the years which contributed to the current achievement. We have every confidence the new Editors In-Chief Markus Raab, Pete Coffee, and Katherine Tamminen will continue the achievements of this journal.

h. German Association of Sport Psychology (Arbeitsgemeinschaft für Sportpsychologie: ASP)

Report submitted by: Anja Kröger

The German Society of Sport Psychology (German: Arbeitsgemeinschaft für Sportpsychologie: ASP) was founded in 1969 in Muenster (Germany) and is devoted to the promotion of research, practice, and development in the discipline of sport and exercise psychology in Germany.

The ASP consists of more than 565 individual members (Aug.2023), most of whom are psychologists, sport scientists or sport psychologists.



The managing council, elected for 2 years in May 2023, consists of the President (Prof. Dr. Oliver Stoll, University of Halle/Saale), a managing director and Vice-President for financial issues (Prof. Dr. Ines Pfeffer, Medical School Hamburg) and five Vice-Presidents representing “health and exercise” (Prof. Dr. Jana Strahler, University of Freiburg and Prof. Dr. Mirko Wegener, University of Hamburg), “research and international affairs” (Prof. Dr. Chris Englert, University of Frankfurt), “school-sports and lecturing” (Dr. Barbara Halberschmidt, University of Muenster) and “student research training and affairs”(Prof. Dr. Franzi Lautenbach, University of Berlin). The manager of the administration office is Anja Kroeger. She can be contacted via office@asp-sportpsychologie.org.

The ASP maintains close relations to many national and international societies, among them are the FEPSAC and the ISSP. The purpose is to encourage and promote the study of human behaviour within sport and exercise as well as to improve the quality of research and professional practice in sport and exercise psychology.

This mission of ASP is realized by an annual conference and training programs in the field of top-level sports (and a related certification in collaboration with the Federal Institute for Sport Science, BISp, the German national Football association (DFB), and the German Olympic Sport Organisation, DOSB), and health or methodological training. These training programs/ curricula in sport psychology for top-level sports serve as an entrance qualification for elite sport psychology support in Germany. There are currently more than 250 individuals with the credentials required for work with German national and Olympic teams.

The official journal of the society is the “Zeitschrift fuer Sportpsychologie“; publisher: Hogrefe), founded in 1987 which is available on paper or online.

This year’s conference was held in Stuttgart in May and had more than 350 participants talking about “Human performance – Assessment, Intervention and Analysis”. The next annual conference will take place in May 2024 in Berlin with the topic “variety of methods”. The conference website is www.asp-tagung.de

Most relevant information about ASP is provided via website: www.asp-sportpsychologie.org and in social media: Instagram, LinkedIn and X [asp_sportpsycho](https://twitter.com/asp_sportpsycho). The podcast “news and wisdom for the (young) sport psychology researcher” can be listened to on Spotify.

i. International Association of Applied Psychology (IAAP), Division 12 Sport Psychology

Report submitted by: Montse Ruiz



The International Association of Applied Psychology (IAAP), founded in 1920, is the oldest and largest international association of individual members and affiliate international associations.

Division 12 (Sport Psychology) of the IAAP was established in 1994 at the 23rd International Congress of Applied Psychology (ICAP) in Madrid, Spain. The initiative was taken by Glyn C. Roberts who served as first President.

Division 12 is an interdisciplinary organization that brings together psychologists, researchers, educators, students and other individuals interested in the field of applied Sport Psychology.

The main purposes of Division 12 are: (1) promoting and discussing research and its applications, teaching, and practice related to mental factors that influence and are influenced by participation in sport, exercise, physical education or physical activity in general, (2) collaboration with other divisions (<https://iaapsy.org/divisions>) and other associations, and (3) serving as a network for individuals with a common interest to share information related to research and the application to individuals, teams or organizations.

IAAP publishes two journals: (1) Applied Psychology: An International Review, and (2) Applied Psychology: Health and Well-Being, Division Newsletters, and a monthly e-News.

IAAP organizes a Board of Directors meeting every other year in connection with the International Congress of Applied Psychology (ICAP) and the International Congress of Psychology (ICP). Next ICAP congress will be organized in July 20-26, 2026, in Florence (Italy).

IAAP offers three types of Individual Memberships: (1) Professionals, (2) Early Career Psychologists, available within the two years following graduation, and (3) Students. In addition, IAAP offers Affiliate membership for organizations, providing engagement opportunities and access to IAAP leadership and members, as well as IAAP webinars and publications among others.

Individual membership benefits include: (1) Online subscription to its journals, (2) reduced registration fees for the ICAP, (3) access to Newsletters and e-News, and to regular IAAP webinars, and (4) 35% off many Wiley books, and discounted rates on personal subscriptions to Wiley journals

You can follow Division 12 in X and LinkedIn with the handle 'IAAP_Division12'

j. International Society of Sport Psychology (ISSP)

Report submitted by: Robert Schinke

The International Society of Sport Psychology (ISSP) is developing well.

1. The 2025 ISSP World Congress is going to be hosted by Hong Kong in the first week of December, 2025.

2. The ISSP has also just launched an Academy of Science, with its inaugural edited compilation of featured manuscripts focused on mental health in sport and physical activity, published by Routledge in 2024.

3. ISSP has launched the World Sport Psychology Hall of Fame.

4. ISSP is sponsoring a virtual series of world-class scientist practitioners.

The series features presenters from around the world bi-monthly. October will feature a non-English lecture for attendees in Chinese speaking countries, with simultaneous translation.

5. International Journal of Sport and Exercise Psychology (IJSEP) is thriving with a robust submission rate and improving impact factor. Presently, it rates as the second leading empirical sport psychology journal.

These are just a few examples of ISSP's work this year. ISSP is a vibrant society, that has increasing benefits for its membership.

k. Iberoamerican Society of Sport Psychology (Sociedad Iberoamericana de Psicología del Deporte)- SIPD

Report submitted by: Joaquín Dosil

SIPD was created in 2005 during the World Conference of Peace and Solidarity in Santiago de Compostela (Spain). We have organized 8 congress from 2006 to 2022. At the moment SIPD has more than 1000 associates, and 10% are premium.

Regarding the activities, SIPD have 2 important difusion sources to show scientific and applied work: Journal "Cuadernos de Psicología del Deporte" and the books edited by SIPD- "Pildoras solidarias" or "Avances en la psicología del deporte iberoamericana".

During de last 10 years SIPD presented the Master Iberoamericano de Psicología del Deporte with more than 200 graduates!!!

l. Japanese Society of Sport Psychology (JSSP)

Report submitted by: Yasu Tachiya

The Japanese Society of Sport Psychology (JSSP) was founded in 1973 and has approximately 900 members in 2023. JSSP has Japanese Journal of Sport Psychology (JJSP). The latest issue of JJSP is the Vol. 50, No. 2 in 2023.

JSSP has the Certified Mental Training Consultant in Sport. JSSP supports a certification program for applied sport psychology professionals. The

number of the Certified Mental Training Consultant in Sports is approximately 170 people.

The annual conference of JSSP was held the 50th conference in person at the University of Tokyo in 2023. Next year (2024), the 51th conference will be held in Hiroshima.

m. North American Society for the Psychology of Sport and Physical Activity (NASPSPA)

Report submitted by: Anne Cox and Penny McCullagh

The North American Society for the Psychology of Sport and Physical Activity (NASPSPA) is a multidisciplinary association of scholars from the behavioral sciences and related professions. NASPSPA functions to:

- Develop and advance the scientific study of human behavior when individuals are engaged in sport and physical activity
- Facilitate the dissemination of information
- Improve the quality of research and teaching in the psychology of sport, motor development, and motor learning and control

There are about 650 NASPSPA members in three areas: Sport and Exercise Psychology, Motor Learning and Control, and Motor Development. Approximately half of the members are in the Sport and Exercise Psychology area and approximately half of the members are students.

NASPSPA has a Facebook page (North American Society for the Psychology of Sport and Physical Activity) and a Twitter handle (@NASPSPA). Website: www.naspspa.com

Annual Conference

The annual conference of NASPSPA was held in Toronto in June with about 525 individuals present. The program schedule for NASPSPA included presentations in three areas: 1) Sport and Exercise Psychology, 2) Motor Development, and 3) Motor Learning and Control as well as the Human Kinetics Lecture.

Two journals are associated with NASPSPA, the Journal of Sport and Exercise Psychology and the Journal of Motor Learning and Development.

The organization hosts a number of awards including: 1) President's award 2) Distinguished Scholar Award, 3) the Early Career Distinguished Scholar Award, 4) Graduate Student Award for International Conference Travel, and 5) the Graduate Student Research Grant.

There are three working committees:

- 1) Teaching Network – the Teaching Network was designed to create a space for members to develop and refine their teaching expertise within the subdisciplines. Acknowledging an aim of NASPSPA is “to improve the

quality of research and teaching in the psychology of sport, motor development, and motor learning and control”, the Teaching Network developed a proposal and framework for promoting teaching. The Teaching Network has hosted a number of events across the year promoting teaching.

2) Task Force on Equity, Diversity and Inclusion – the Task Force on Equity, Diversity and Inclusion is responsible for an integrated and proactive evaluation of NASPSPA achievements and challenges, and the subsequent development and implementation of a sustainable and accountable equity, diversity and inclusion action plan.

3) NASPSPA Motor Learning, Development and Control Online Research Seminar Series (MLDC ORSS) – the MLDC ORSS supports the Society’s mission to advance scientific study, improve research quality and facilitate research information dissemination for motor learning, development and control areas.

Major NASPSPA initiatives over the past two years have included:

1) Development of the “Ethical Standards for NASPSPA Members” policy and identification of an Ethics Violation Committee.

2) Development of “Core Values” for NASPSPA.

3) Development of a resource called “Academic Conferences - How to Build Capacity for Equity, Diversity, and Inclusion.” (in cooperation with 4 other organizations)

4) Development of Equity, Diversity and Inclusion guidelines for journals (in cooperation with 4 other organizations.

5) Student workshops focused on working in industry and getting a job.

6) NASPSPA has also developed reduced fees for low income countries.

The 2024 NASPSPA Conference will be held in New Orleans from June 5 to 8th. Abstracts are due on January 22, 2024.

n. Professional Baseball Performance Psychology Group

Report submitted by: Charles A. Maher

This report covers activities of the Professional Baseball Performance Psychology Group (PBPPG) from October 2022 up to and including August 2023.

The PBPPG is a professional development support group of practitioners who are employed or who serve as contracted consultants to major league baseball (MLB) organizations in the United States and Canada. These practitioners include mental skills professionals who are not licensed psychologists but with sport psychology graduate education and training as well as licensed psychologists with education and training in sport psychology. Currently, there are ninety-four members of the PBPPG.

The PBPPG has been active during the past year in collaborating with the Office of the Commissioner of Major League Baseball. Within this context, the PBPPG

seeks to assure that all MLB organizations hire qualified practitioners to provide mental performance and mental health services to major and minor league players, coaches, athletic trainers, and strength and conditioning staff. Activities in this area included the development of guidelines that describe mental performance and mental health as well as requirements for the practice of psychology by licensed professionals.

Relatedly and most importantly, the PBPPG takes the stance that, in a professional baseball organization, communication and collaboration is essential between and across the range of stakeholder domains. These domains mental performance, mental health, medical care, strength and conditioning, analytics, and player development. Communication and collaboration is necessary in order to effectively address the needs of the total player and staff, on and off the field. In this way, practitioners involved in the application of sport psychology in professional baseball environments have been increasingly viewed and respected as key organizational contributors who function well outside of the clinical hour.

The PBPPG also has held two meetings, with virtual attendance, in association with MLB. One such meeting occurred in December 2022 in San Diego. At this meeting, presentations were made by PBPPG members on the use and abuse of substances; consultation with coaches, mental first aid, and continued development of sport psychology with professional baseball players.

Another meeting of the PBPPG occurred in July 2023 in New York City. At this meeting presentations and discussions were made by PBPPG and others on topics such as supporting the mental and emotional well-being of players who have experienced ulnar collateral ligament surgery; assessment of ADHD in professional baseball players; pre-game routines and preparation; and utilization of performance feedback.

In December 2022, the leadership of the PBPPG was updated. For one, Charlie Maher retired as President of the PBPPG after 12 years in that role, with Doug Chadwick assuming the role of President. Relatedly, the Board of Directors welcomed several new members as prior members rotated off the Board, as stipulated in the bylaws.

Finally, a case study of aspects of the PBPPG was published in 2023 in *Case Studies in Sport and Exercise Psychology*. This peer-reviewed article is entitled, "Case Study of a Professional Development Support Group of Sport Psychology Practitioners Working in Major League Baseball Organizations in the United States and Canada."

o. Society for Sport and Exercise Psychology of Taiwan (SSEPT)

Report submitted by: Chiao-Lin Nien

The Society for Sport and Exercise Psychology of Taiwan (SSEPT), founded in 2000 in Taipei, Taiwan, is devoted to promotion, practice, and development in the disciplines of sport psychology, exercise psychology and motor learning and behavioral research and practices in Taiwan.

- ◆ SSEPT Website: <http://ssept.org.tw/>
- ◆ SSEPT FB: <https://www.facebook.com/groups/1436602289887541>



◆ SSEPT YouTube: <https://www.youtube.com/channel/Uck3dxVKZ-nzKzZi6lllofgbw>

Executive Committee and MC meeting

Executive committee: The original term of an SSEPT executive leader and committee was two years, and the SSPET has had 10 terms since 2000. In 2021, the term of the executive committee has been extended to three years. The current executive committee is led by Dr. Chiao-Lin Nien, Associate Professor in the Department of Physical Education, National Taiwan University of Sport, since 2023. Details regarding the committee members meetings are as follows:

- President: Chiao-Lin Nien
- Vice President: Ching-Er Lin
- Secretary-General: Chi-Yen Lin
- Deputy Secretary-General: Chien-Heng Chu, Chien-Wei Chen, Chih-Han Wu
- Director: Mei-Hwa Chen, Ya-Wen Hsu, Feng-Tzu Chen, I-Hua Chu, Tsung-Yu Hsieh, Hsiu-Hui Chen, Shih-Chiung Lai, Chiao-Ling Hung, Han-Ni Peng, Hsiu-Tin Wu, Mei-Chi Chen, Chun-Hao Wang and Yi-Hsiang Chiu,
- Supervisor: Ju-Han Lin, Ying-Che Huang, Yeou-Teh Liu, Huai-Hsiao Chiang, and Li-Chin Yeh
- Advisory Committee: Li-Kang Chi, Yan-Huei Chuang, Chung-Ju Huang, Tsung-Min Hung, San-Fu Kao, Chu-Min Liao, Su-Yen Liu, Jing-Horng Lu, and Yu-Kai Chang

Below are a few of the SSEPT 2022 activities:

1. Journal: *Bulletin of Sport and Exercise Psychology of Taiwan* (ISSN: 1814-5108), established in 2001, is the official journal of the SSEPT. From 2003-2019 the journal published in May and November. Since 2020, is published in March, July and November. The journal has been recognized as the #1 ranked journal by the Ministry of Science and Technology, Taiwan, and has recently received the honor of placement in the TSSCI (Taiwan Social Sciences Citation Index), the best journal index in the core of the Taiwan Humanities Citation Index.



2. Sports Consultant Certification

The SSEPT supports a certification program for applied sports psychology professionals. Approximately 200 people have taken this program and achieved the status of “Certified Mental Training Consultant in Sports.” This year, we have held “the 7th sport psychology Consultant Training program”. Approximately 50 people joined this program in 2022.



3. Facebook Social media

The SSEPT has created a Facebook page, which currently includes more than 2,100 followers. The SSEPT has also created a YouTube channel in Oct, 2021, for promoting sport and exercise psychology worldwide via videos. See:

<https://www.youtube.com/channel/Uck3dxVKZ-nzKzZi6lllofqbw>



4. Future perspective: The SSEPT will host an annual conference in late 2023 to have opportunities to share the latest research achievement and establish further education workshops/programs for sport psychology consultants. In addition, pre-conference activities will



incorporate three other universities overseas to organize student-centred seminars. Dr. Kao, from National Tsing Hua University, have host a workshop to guide us to experience different sport psychology aspects. The keynote speaker: Dr. Robert Schinke address three topics, including: “Core Sport Psychology Competencies of a Scientist – Practitioner”, “Arts-Based Methods, Symbols, and Mobility Methods to Develop Rapport and Understanding in Sport”, and “Developing a Context driven Sport Psychology Practice”. We are extremely excited by the keynote speaker Dr. Robert Schinke.

5. Book

Many scholars in the SSEPT executive committee have translated sport and exercise psychology textbooks into Chinese, and the majority of these books have been endorsed by the SSEPT. The SSEPT has republished the Chinese version of “The Psychology of Exercise: Integrating theory and practice, 5th edition” this year.



7. Others

The official website of SSEPT actively presents our activities and conferences around the world. A list of the activities can be found on the SSEPT website: <http://www.ssept.org.tw/>

p. Spanish Federation of Sport Psychology Associations (FEPD)

Reported by: David Peris-Delcampo

The Spanish Federation of Sport Psychology Associations (FEPD) is an entity that, since 1987, has brought together the territorial associations of Sport

Psychology in Spanish territory. It currently has 12 linked associations. Its main mission is to promote Sport and Exercise Psychology both at a practical level and from a research perspective, holding a national congress in Spain on a biannual basis and representation and promotion activities, both for the discipline in general and for the sport psychologists in particular.

The managing council of the Spanish Federation of Sports Psychology (since



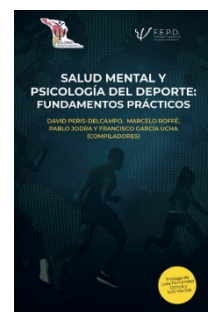
May 2022), is composed of David Peris-Delcampo (president), Pablo Jodra (vice president), Madó González (secretary), Ander Chamarro (treasurer) and Débora Godoy (vocal). [Shown in picture left - right: Pablo Jodra (vice), Ander Chamarro (treasurer), David Peris-Delcampo

(president), Madó González (secretary) and Débora Godoy (member)]

In recent months, the Spanish Federation of Sports Psychology (FEPD) has carried out the following actions:

- Institutional participation in the XXIII Conference of the Portuguese Society of Sport Psychology (SPPD) held in Maia (Portugal), from November 2 to 5, 2023.
- Online seminar “Corporate social networks and personal brand”, aimed at psychologists, held on April 25, 2023, given by Vicente Pallarés, head of communication for Villarreal CF B, of the Second Division of Spanish Football, with more than 100 assistants.
- Online presentation of the book “Mental Health and Sport Psychology: Practical Foundations” (“Salud Mental y Psicología del Deporte: Fundamentos Prácticos”), on October 3, 2023, with the participation of coordinators and authors of the work.
- Official statement from the FEPD regarding the events that occurred at the Women's Soccer World Cup at the end of August 2023.
- In-person and online conference “Mental Health and Sport Psychology”, held on November 16, 2023 at the Polytechnic University of Valencia (UPV), organized by the UPV Sports Chair, with the collaboration of the FEPD, with the participation of Lucía Gómez (professional soccer player from Villarreal CF), Bárbara Las Heras (professional padel player best world ranking 12), Enrique Cantón (Sport Psychologist, Universitat de València) and David Peris-Delcampo (FEPD president), with more than 60 in-person attendees and 150 online.
- Institutional presence at the III SOLCPAD International Congress, held in Buenos Aires (Argentina), from November 30 to December 2, 2023, with the motto “Interdiscipline in Sport Psychology”.
- During the year 2023, the Spanish Federation of Sport Psychology (FEPD) has published two books:

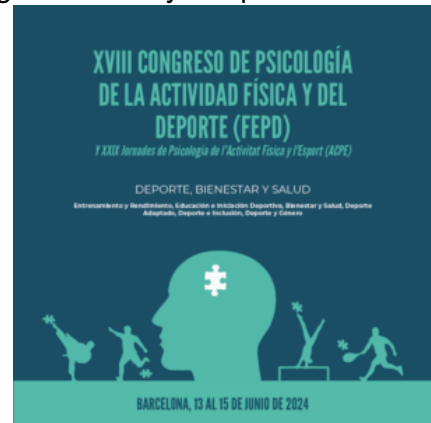
- o “Mental Health and Sport Psychology: Practical Foundations” (“Salud Mental y Psicología del Deporte: Fundamentos Prácticos”) (ed. Imaginante, 2023) carried out jointly with the Latin American and Caribbean Society of Psychology of Physical Activity and Sports



(SOLCPAD), and coordinated by David Peris-Delcampo, Marcelo Roffé, Pablo Jodra and Francisco García Ucha.

o “Introduction to Sport Psychology 40 years later” (“Introducción a la Psicología del Deporte 40 Años Después”) (ed. INDE, 2023), coordinated by David Peris-Delcampo, Joan Palmi, Alex Gordillo and Enrique Cantón. This book is a tribute to the first manual written in Spanish, “Introduction to Sport Psychology” (“Introducción a la Psicología del Deporte”) in 1985 by Dr. Joan Riera.

- During 2023, various framework agreements have been established with relevant entities in Sport Psychology: the Division of Physical Activity and Sport Psychology of the General Council of Psychology of Spain, the Sociedade Portuguesa de Psicologia do Sporto (SPPD) and the Latin American and Caribbean Society of Psychology of Physical Activity and Sports (SOLCPAD).
- Upcoming activities of the Spanish Federation of Sport Psychology are:
 - o 1st Iberian+ Meeting on Sport Psychology, to be held in Barcelona, on February 2 and 3, 2024, jointly with the Portuguese Society of Sport Psychology and the Catalan Association of Sport Psychology (ACPE).
 - o XVIII National Congress of Psychology of Physical Activity and Sports, to be held in Barcelona, from June 13 to 15, 2024, with the motto “Sport, Well-being and Health”. All the information at psychodepor.org.
- More information about the activities and characteristics of the Spanish Federation of Sport Psychology Associations (FEPA) is available on the website psicologiadepor.te.eu.



q. Sport Psychology Council

Report submitted by: Kwok Ng and Judy VanRaalte

The Sport Psychology Council (SPC) was started in the 1990s by Dr. Michael Sachs who was interested in supporting collaboration among sport psychology organizations and leaders. In its current form, the SPC is a group of individuals who represent sport psychology organizations around the world. The SPC gathers at conferences and congresses to share sport psychology organizations' successes, trends, and difficulties and to discuss and implement strategies to promote all organizations and the field of sport psychology. There is no membership fee for organizations to join the SPC and no bylaws or typical organizational structure. Rather, the SPC maintains its informal status and meets at conferences and congresses when hosted by the generosity of sport psychology organizations worldwide.

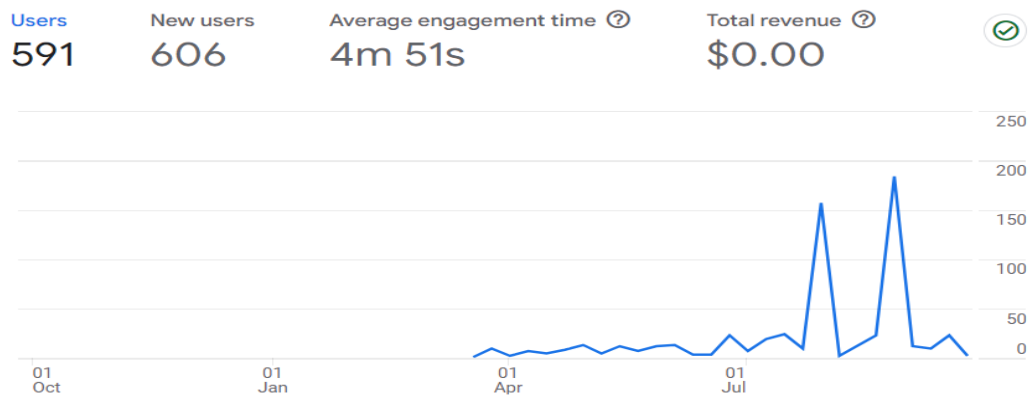
The SPC is supported by the Society of Sport and Exercise Psychology of Taiwan (SSEPT), the North American Society for the Psychology of Sport and Physical Activity (NASPSPA), the American Psychological Association Society for Sport, Exercise & Performance Psychology (APA Division 47), the Association for Applied Sport Psychology (AASP), and the International

Society of Sport Psychology (ISSP) which provide financial support that has funded the Sport Psychology Council and it's website, www.SportPsychologyCouncil.org through 2026. The webmaster is Kwok Ng, (University of Limerick, University of Turku, and University of Eastern Finland).

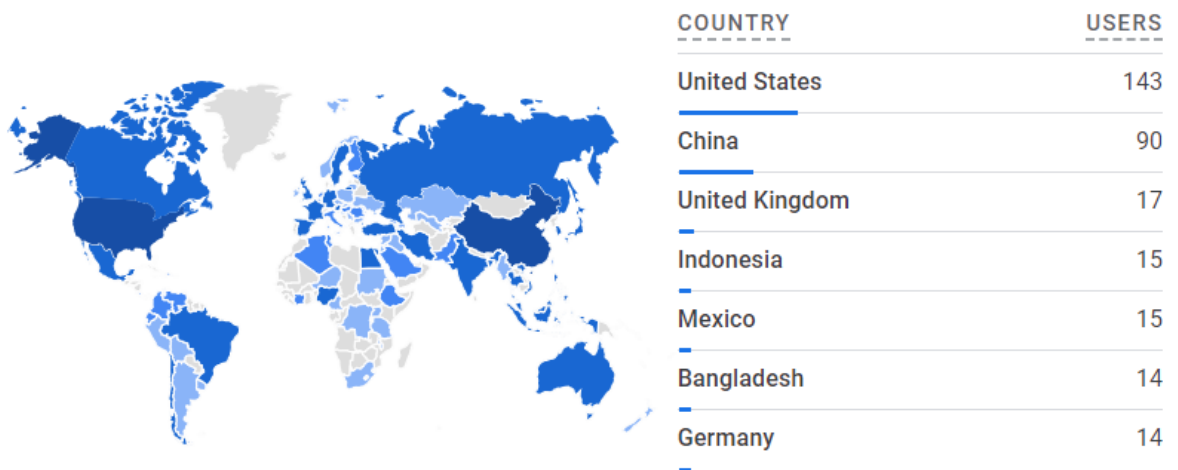
All interested sport psychology organizations are invited to share links to their websites and to link to the SportPsychologyCouncil.org website. The web master has done a review of the website to make sure that links to associations and organizations work correctly. Highlighting the website could enhance connection and collaboration among organizations. Also, it would be helpful for associations to provide their logos for the SPC website. If organisations do not have logos, please notify webmaster@sportpsychologycouncil.org

The SPC mobile friendly website includes information about the Sport Psychology Council, minutes of annual meetings, and links to sport psychology organizations around the world.

Active users of SportPsychologyCouncil.org in 2023 include:



Users of SportPsychologyCouncil.com come from around the world:



In a future SPC meeting we might consider opportunities to enhance the visibility and use of the website across organizations.

Ideas for future SPC meetings were also discussed, including how we might rotate the SPC meeting across different conferences, learn who plans to be in attendance before SPC meetings to allow more opportunities to connect informally throughout the conference, plan for opportunities to share organization updates and connect virtually in between more formal conference meetings, offer a remote meeting option during the conference to include more representatives from different sport psychology organizations than are able to attend in person.

FEPSAC and AASP were considered as in person options for the next Sport Psychology Council.

r. Swedish Sport Psychology Association (SIPF)

Report submitted by: Joakim Karlsson and Emil Andersson

The Swedish Sports Psychology Association (SIPF) aims to increase interest in sport psychology in Sweden. We have broadened our target group to reach out to more people, nationally as well as internationally. This is done by inviting prominent researchers from around the world to our annual conference and through texts and interviews in our member magazine FLOW.

The last SIPF conference had the theme "psychological safety" and next year's theme will be "performing while managing pressure". This conference will be held in Stockholm 16-17 of March 2024.

At the end of May 2023, we released the latest issue of our member magazine FLOW. That issue had the theme, "sports parents". In this issue we have, among other things interviews/texts from established names such as the researcher Louise Davis and the sport psychology practitioner Johan Fallby, as well as an illustration of current research to make it more easily available to the public.

We have also been working on strengthening our collaboration with different Swedish sport federations. The sport federations will be able to get a special Association membership with SIPF where they can learn from each other how to implement sport psychology into their organization.

The Swedish Sports Psychology Association (SIPF) aims to increase interest in sport psychology in Sweden. We have broadened our target group to reach out to more people, nationally but also internationally. This is done by inviting interesting researchers from around the world to our annual conference and also through texts and interviews in our member magazine FLOW.

2. New Business

- a. Remind organizations that they can link to **SportPsychologyCouncil.org**
 - i. Plan for new languages and organizations to be added to the website
 - ii. Correct any errors or failed links
- b. Areas for sharing information and possibilities for collaboration

- c. Other issues
 - i. Suggest organizations select Sport Psychology Council meeting locations
 - ii. Share information on attendees prior to next Sport Psychology Council meeting
 - iii. Consider remote and/or hybrid option for future meetings
- d. Action Items

Action	Assigned To	Deadline
Review minutes and submit corrections to Judy VanRaalte (jvanraal@SportPsychologyCouncil.org)	Everyone	30 December 2023
Check organizational logos on SportPsychologyCouncil.org and email logo updates to Kwok Ng at: webmaster@sportpsychologycouncil.org	Everyone	Ongoing
Support website linking to SportPsychologyCouncil.org and check SportPsychologyCouncil.org for link corrections	Everyone	30 December 2023
Suggest location for 2024 Sport Psychology Council meeting.	Everyone	30 December 2023

4 NEXT MEETING

Suggested sites for future meetings - AASP 2024 and FEPSAC 2024