

SPORT PSYCHOLOGY COUNCIL MEETING MINUTES WWW.SPORTPSYCHOLOGYCOUNCIL.ORG

December 2022

Recorded by: Erika Van Dyke, Ph.D. & Judy L. Van Raalte, Ph.D.



Name	Organization
Christine Selby	American Psychological Association Society for Sport, Exercise & Performance Psychology (APA Division 47)
Lindsey Blom	Association for Applied Sport Psychology (AASP)
Ian Wilson	British Association of Sport and Exercise Sciences (BASES)
Katherine Tamminen	Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS)
Marcia Edwards	Collegiate Clinical/Counseling Sport Psychology Association (CCSPA)
Maurizio Bertollo, Zsanett Bondár, Yago Ramis, Rita De Oliveira	European Federation of Sport Psychology (FEPSAC)
Anja Kröger	German Association of Sport Psychology (ASP)
Robert Schinke	International Society of Sport Psychology (ISSP)
Yasuhisa Tachiya	Japanese Society of Sport Psychology (JSSP)
Jackie Goodway, Penny McCullagh	North American Society for the Psychology of Sport and Physical Activity (NASPSPA)
Marit Sørensen	Norwegian Association of Sport Psychology
Charlie Maher	Professional Baseball Performance Psychology Group (PBPPG)
Yu-Kai Chang	Society for Sport and Exercise Psychology of Taiwan (SSEPT)
Jitendra Mohan, Guneet Inder Jit Kaur	Sport Psychology Association of India (SPAI)
Kwok Ng Judy L. Van Raalte	Sport Psychology Council (SPC)
Arne Edvardsson	Swedish Sport Psychology Association (SIPF)

1 REPORTS SHARED

Saturday October 28, 2022 at 13:00-13:45, Omni Fort Worth Hotel (Sundance 5), 1300 Houston Street, Fort Worth, TX 76102 USA

2 MINUTES SCRIBES

Erika Van Dyke and Judy L. Van Raalte

3 AGENDA

- Brief reports on the state of associations

**a. American Psychological Association Society for Sport, Exercise & Performance Psychology (APA Division 47).
Report submitted by: Christine Selby**

The mission of the Society for Sport, Exercise, & Performance Psychology (SSEPP) is to develop, promote, and disseminate information to professionals and the public related to: (a) standards for competent and ethical practice, (b) models of graduate and postdoctoral training, and (c)

scientific knowledge that informs and guides practice. There are approximately 900 members of SSEPP, including student and professional affiliates who are not members of the larger American Psychological Association (APA).

The executive committee (EC)'s midwinter meeting took place in person with a few members joining virtually February 25th – 27th, 2022, and the EC was able to meet in-person in Savannah, GA, and in person with a few attending virtually at the APA convention in Minneapolis, MN August 4th, 2022.

Section 1 of SSEPP, Running Psychologists, hosted Ray's Race, in person, as part of the APA 2022 Convention. A new logo was developed for race giveaways and other swag; Section 2 of SSEPP, Performance Psychology, expanded programming and activities to highlight the section and there is a plan to create a logo for the section.

The major activities of SSEPP over the past year included:

1. Establishing an Equity, Diversity, and Inclusion (EDI) Coordinator position. The plan is for this position to eventually have voting privileges on the EC. The first person to serve in this role will be appointed by current president, Amanda Visek, in consultation with the presidential trio and other EC members.
2. Division 47 participated in several Summits and Task Forces including the APA Ethics Code Task Force, the NCAA Mental Health Advisory Group, and the NCAA Diverse Student-Athlete Mental Health and Well-Being Summit.
3. APA is "sunsetting" proficiencies in favor of Specialties/Sub-Specialties. Division leadership is working with APA to determine how to create a new specialty or subspecialty in sport, exercise, and performance psychology. One step toward that end is establishing Professional Practice Guidelines (PPGs) for Sport Psychology.
4. Professional Practice Guidelines (PPGs) for Sport Psychology: PPGs address psychological practice with particular populations or in particular areas (see <https://www.apa.org/practice/guidelines>). Several members of the PPG writing group met in Savannah, GA for two days in conjunction with the division's MWM. Drs. Courtney Albinson and Shane Murphy, co-editors, continue to work with the writing group to remove redundancies within the guidelines and to create a document that can be submitted to APA for consideration. The updated draft of the PPGs is currently under revision. A timeline for ongoing progress will be established.
5. Division 47 completed their most recent mentorship program in 2021 which included 11 mentors who worked with 24 mentees (including students and ECPs). The next cohort for this program is anticipated to take place following the 2022 Convention.
6. The inaugural Kate F. Hays Memorial Lecture was given at this year's APA convention by Dr. Angel Brutus who entitled her talk Just Call me Kate: Compassionate Mentorship and Meeting People Where They Are. Kate's Obituary was published in the American Psychologist.
7. APA Convention (in person and virtual): Due to the COVID-19 pandemic, the APA Convention was offered in a hybrid format with programming in person

- and offered virtually. Programming included business meetings, invited talks, poster sessions, and award presentations.
8. Increasing the honoraria for the Division's journal editor and associate editor team to be in alignment with journals of similar size and impact
 9. Student representatives' initiatives for the upcoming year:
 - a. Increase student membership and membership of underrepresented groups
 - b. Planning concrete and effective student-focused programs/projects
 - c. Focus on student-specific programming
 - d. Define/clarify the student-representative role regarding social media responsibilities.
 10. As our new EC started their terms at the conclusion of the APA convention in August, the incoming president noted initiatives to carry forward and new focal points of the division.
 - a. Initiatives to carry forward:
 - i. Continued support of and work on the PPGs
 - ii. Establish sport, exercise, and performance psychology specialty
 - iii. EDI position appointment
 - b. New focal points:
 - i. Increase operational efficiency and effectiveness as an EC
 - ii. Optimize resources to establish process improvements through investment of new operating strategies

b. Association for Applied Sport Psychology (AASP)
Report submitted by: Lindsey Blom

Certified Mental Performance Consultant® (CMPC®)

AASP's primary organizational focus is our Certified Mental Performance Consultant (CMPC) program. Over 700 professionals have taken the exam the since its relaunch (400+ new and 300+ recertifications). There are currently 660 active CMPCs (highest ever) with an additional influx of Canadian MPCs converting to CMPCs expected in later 2022 and early 2023 due to our new partnership with the Canadian Sport Psychology Association (CSPA) to provide a joint credential. AASP remains fully accredited by the Institute for Credentialing Excellence (ICE) as a National Commission of Certifying Agencies (NCCA) accredited certification program.

Brand Identity – Mental Performance

AASP continues to devote considerable bandwidth to defining its unifying brand and core identity that states who AASP is and what we do. The latest materials, produced via our partnership with Vermilion, includes a 3-minute video where people can learn more about AASP, the CMPC Certification and our work optimizing mental performance. We have also completed shorter video vignettes that will be featured on social media channels.

Our CMPC Marketing Task Force will inform, guide, and implement AASP's marketing strategy to promote the CMPC to external stakeholders. AASP will be part of the Mental Health Advisory Group responsible for updating the NCAA's Interassociation Consensus Document: Understanding and Supporting Student-Athlete Mental Wellness – Mental Health Best Practices document. Bob Harmison will serve as the AASP representative and work to promote comprehensive mental health, the mental health continuum, and the importance of CMPC credential.

Graduate Program Accreditation

AASP has formed an autonomous Graduate Program Accreditation Committee to create a full accreditation process for graduate programs in sport and performance psychology – a project long discussed in our field but previously not attempted. The group is working with a professional consultant to develop standards, program eligibility, and policies for site visits. The goal is to launch the accreditation program and accept our first applications in mid-2024, provide accreditation decisions in 2025 and apply to the Council for Higher Education Accreditation (CHEA) for formal accreditation status in 2026.

Education

AASP provides education to members across many different platforms throughout the year. Our latest virtual conference, themed "Assessment of Consultant Effectiveness", was the highest attended in AASP history. We supported 8 regional workshops at local universities in Spring 2022 as well as our annual Diversity in Sport Conference. (virtually) AASP will hold its first live conference in 3 years on October 26-29 in Fort Worth, Texas. Finally, we launched a new interactive, e-publication dually aimed as being a core, fundamental resource for mental performance trainees as well as anyone preparing for the CMPC examination. AASP's *Essential Guide for Mental Performance Consultants* has been a big hit with over 750 copies sold in its inaugural year.

c. British Association of Sport and Exercise Sciences (BASES)

Report submitted by: Ian Wilson



The British Association of
Sport and Exercise Sciences

The [Division of Psychology](#) is one of five Divisions within BASES.

One of the main pieces of business of the Division is the [BASES Sport and Exercise Psychology Accreditation Route](#) (SEPAR)

programme, which continues to thrive under the stewardship of Dr Rob Morris. SEPAR is a programme of professional development, skill acquisition and supervised practice to ensure that candidates acquire the knowledge, skills, and experience required to be eligible to apply for registration with the [Heath and Care Professions Council](#) (HCPC) as a Practitioner Psychologist. This year, nine candidates were confirmed by the SEPAR Advisory Group (SEPAR AG) as being SEPAR complete and eligible to apply to the HCPC register. This brings to 18 the number of candidates who have

'graduated' through SEPAR since its launch in January 2020. 30 candidates enrolled on SEPAR in August 2021 and 36 enrolled in February 2022. To date there are 47 Reviewers and 56 Supervisors who are active on the [SEPAR Directory](#), a service recently developed for BASES members. In June 2022, 31 candidates registered for and successfully completed the Open University DE200 module (Investigating Psychology 2) to support the necessary entry requirements onto SEPAR regarding evidencing 'underpinning psychology knowledge'. This year, following an open tender process, two new core workshops were developed and delivered to SEPAR candidates: 'Practice philosophy', by Dr Misia Gervis and Aura Goldman, and 'Equity, Diversity, and Inclusivity in Sport and Exercise Psychology' by Dr Paul Gorczynski, Shakiba Moghadam, Cindy Miller Aron and Dr Peter Olusoga.

Significant work was undertaken this year as part of the HCPC performance review process, whereby SEPAR was reviewed as part of the [new Education quality assurance model](#). The purpose of this review is for the HCPC to understand our performance as a provider and consider continued alignment to the HCPC standards for which a significant and comprehensive portfolio was submitted. We expect to hear feedback from the HCPC Education and Training Panel this autumn.



In January 2022, BASES launched a new BASES [Postgraduate SEPAR Endorsement Scheme](#) (PSES), which has been designed to allow registrants to evidence, expediently, the completion of an appropriate M-level qualification for entry onto the Sport and Exercise Psychology Accreditation Route (SEPAR), which covers the relevant knowledge-based HCPC Standards of Proficiencies. This Endorsement Scheme will support future Sport and Exercise Psychologists who choose an MSc. programme that is BASES endorsed, and which will appropriately position them for application to SEPAR upon completion. Thanks primarily to the diligent work from Dr Denise Hill, the following six universities all have M-level Psychology courses that are endorsed by BASES: University of Bolton; University of Derby, Liverpool John Moores University; University of Portsmouth; Setanta College; and St Mary's University Twickenham. The applications for endorsement will fall in the same cycle as the BASES Undergraduate Endorsement Scheme (January, May and September).

This year, BASES delivered five virtual Division Days with 581 delegates registered and 394 live attendees: The [Psychology Day](#) took place 18 May 2022 and was extremely well attended, with a significant number of delegates registering for the event. The event was acknowledged for having the feel of an international conference once again, with delegates also reflecting that the online nature of the event increased accessibility. In addition to the quality of talks, the event was also applauded for the diversity of speakers which represented well the diverse nature of the BASES membership – and the wider sport and exercise psychology community.

[BASES Conference 2022](#) was held at the King Power Stadium, Leicester, UK from Tuesday 15 to Wednesday 16 November. Delegate fees for BASES members were the same as for the 2019 conference, starting from £199 (from £149 for Student members). The full conference programme can be viewed [here](#). Baroness Sue Campbell DBE, Director of Women's Football at the FA, will deliver the opening keynote on *Maximising performance*. Professor Joan Duda, Professor of Sport and Exercise Psychology at the University of Birmingham will deliver the closing keynote session on *Optimising engagement in youth sport: Implementing interventions, increasing impact, and the challenges of doing both!*

BASES commissioned Drs Paul Gorczynski and Anthony Papathomas to develop a bespoke suite of mental health resources. These educational materials will support learners to develop essential knowledge on the critical issue of mental health in sport and exercise. Eight unique units, comprising of video lecture with resource booklet and guided reading lists, will cover the following topics: Mental health; Depressive disorders; Anxiety disorders; Post-traumatic stress disorder; Eating disorders; Addictive behaviours; Understanding stigma; Mental health literacy. To view the trailers for the eight units, please click [here](#). Registration is available [here](#) to purchase these units.

Looking ahead, the Division of Psychology will continue the “bedding in” of PSES as a priority to meet the needs of the community. Further, we will look to review our collaborative relationship with [AASP](#). This will include the design of collaborative events and reviewing whether [JASP](#) is the most appropriate journal option for BASES Members. We will also look to develop further international partnerships, either through arrangement with [FEPSAC](#) or [ISSP](#). Finally, the next BASES Psychology Division Day is pencilled in for May 2023 and will be online.

d. Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS)

Report submitted by: Katherine Tamminen

The objectives and purposes of this Society are include the promotion of the advancement of psychomotor behaviour and sport and exercise psychology studies in Canada; to organize scientific meetings the purpose of which is to provide a forum for exchange of views and scientific information related to psychomotor behaviour and sport and exercise psychology; and to offer advice to the public and members of other sport science disciplines, on matters pertaining to psychomotor behaviour and sport and exercise psychology.

SCAPPS activities 2021-2022:

1. The 2022 SCAPPS conference was held in Montreal, Canada from October 13-15; hosted by McGill University, l'Université de Sherbrooke, and Bishop's University.
2. The Franklin Henry Young Scientist Awards (FHYSAs) were presented on October 13th. The purpose of this award is to recognize scholarly research of trainee members of SCAPPS. The winners of the 2022 FHYSAs were Joseph

Manzone (motor control and learning), Shannon Herrick (exercise psychology), and Maji Shaikh (sport psychology).

3. The 2022 Annual General Meeting was held on October 14.

4. Elections for SCAPPS Executive Committee members were held and the newly-elected members are: Dr. Sebastian Harenberg (Secretary-Communications), Dr. Heather Neyedli (Director-Motor Control and Learning), Dr. Jessica Fraser-Thomas (Director-Sport and Exercise Psychology), Dr. Mary Jung (Director-Equity, Diversity, and Inclusion), and Alexandra Walters (Student Representative). Outgoing members of the Executive Committee are: Dr. Tanya Berry, Dr. Melanie Lam, Dr. Shaelyn Strachan, Dr. Dave Hancock, and Janet Lawson. Dr. Erin Cressman begins her role as President (2022-2024) and Dr. Katherine Tamminen will move to the position of Past-President (2022-2024).

5. Nominations for the upcoming year will include openings for the following positions on the SCAPPS Executive Committee: President-Elect, Secretary-Treasurer, Student Representative.

6. The Brawley and Elliott Award for Excellence in Supervision and Mentorship was awarded to Dr. Amy Latimer-Cheung.

7. Dr. Diane Ste-Marie was inducted as a Fellow of the Society.

8. The establishment of financial student support initiatives were discussed among the SCAPPS membership, with the aim of offering student support awards within the coming year.

9. The next SCAPPS conference will be held in the fall of 2023 in Kingston, Ontario (dates to be determined).

e. Collegiate Clinical/Counseling Sport Psychology Association (CCSPA)
Report submitted by: Marcia Edwards

CCSPA is a group that advocates for licensed mental health clinicians providing services to collegiate, Olympic, and professional athletes by keeping interested agencies and administrators informed regarding best practices and standard of care. Our group seeks to be the voice for these providers, educating administrators, invested organizations, and others about the unique nature of this subspecialty of the field of psychology and best practices for provision of mental health and performance services. We also aim to provide continuing education to members in order to maintain a standard of excellence within our field. CCSPA also provides an avenue for networking and collaboration among members.

CCSPA has a three-fold mission: advocacy, education, and collaboration. To accomplish this mission, CCSPA offers members a platform for networking and consultation, resources, and educational opportunities such as webinars presented by experts within the field.

CCSPA offers four levels of membership for mental health providers, performance service providers, students, and others interested in student-athlete mental health and well-being.

Below are a few of the CCSPA 2022-2023 activities:

1. CCSPA resumed meeting in-person for the Annual Big Sky Educational Conference, which was held in February 2022. CCSPA is currently planning to relocate the conference for the first time in 18 years to Nashville, TN in February 2023. CCSPA is an APA continuing education provider.
2. CCSPA experienced its first board transition ever in July 2022. In addition, CCSPA is creating more subcommittees to increase involvement and impact on the field.
3. CCSPA acknowledged an increase in student-athlete deaths by suicide. Several collaborations taking place in effort to provide resources to schools/universities, families, and others impacted.
4. CCSPA expects to construct a white paper providing guidance to administrators on the employment of mental health professionals in University Athletics departments.
5. CCSPA can be contacted at <https://www.ccsportpsy.org/nd> collaboration.

f. European Federation of Sport Psychology (FEPSAC)

Report submitted by: Maurizio Bertollo, Zsanett Bondár, Yago Ramis, Rita De Oliveira



Managing council 2019-2022. From left to right at INSEP-Paris are Yago Ramis, Michala Bednarikova, Karin Moesch, Markus Raab, Alexis Ruffault, Rita de Oliveira, Maurizio Bertollo, Athanasios Papaioannou. Anastasiya Khomutova absent due to maternity leave.

1. Managing Council Meeting at INSEP-Paris
Between 27-29 April 2022, the Managing Council of FEPSAC met in person at the wonderful facilities of INSEP (Institut National du Sport de l'Expertise et de la Performance) in Paris, France. While the main themes referred to the preparation of the next European Congress of Sport and Exercise to be hosted in July in Padova, time was also allowed to inform and discuss other topics such as the transition to the next MC (to be elected in July during the

General Assembly in Padova), SASP certifications, internship program, or the initiation of the EU grants in which FEPSAC will act as a partner.

On April 28th, an ordinary FEPSAC General Assembly took place. The agenda included reports from the President, Secretary General and Treasurer (receiving approval for the fiscal year 2021). Two additional agenda points were included, first, to inform about the timely actions in preparing the Congress in Padova, and second, to discuss the current geopolitical situation in Europe, informing about FEPSAC's public social media positioning in supporting Ukraine under Putin's regime invasion. A consultation was raised from the Managing Council to evaluate the opportunity to initiate sanctioning actions against Russian group members, but no specific mandate was requested from the General Assembly in this direction.



2. FEPSAC Congress Padova 2022

The XVth European Congress of Sport and Exercise Psychology took place in the beautiful city of Padova (Italy) from the 11th to the 15th July 2022. The congress was a complete success with around 750 delegates providing very high-level presentations.

The organization of the congress was led by Maurizio Bertollo, Marta Ghisi, Antonio Paoli and Marcella Bounous, the Local Organizing Committee, and the wonderful group of volunteers, included six keynote lectures, multiple parallel sessions with expert panels, symposia, oral communications, and gimme-5 sessions among other formats and 4 poster-sessions.

The FEPSAC Young Researcher Award, sponsored by Elsevier and organised by Rita de Oliveira, Anastasiya Khomutova and Fabrizio Sors, was co-chaired by Camilla Knight and Miquel Torregrossa with the jury members: Kristoffer Henriksen, Gretchen Kerr, Ruud den Hartigh, Penny Werthner, Francesca Vitali. This year the awardees were:

Poster Presentation:

1st Prize: Maria Luisa Pereira de Vargas – Loughborough University;

2nd Prize: Niklas Dieter Neumann – University of Groningen

Oral Communication:

1st Prize: Andrada Vincze, SASP-FEPSAC – University of Bucharest

2nd Prize: Stephan Zahno – University of Bern

3rd Prize: Marta Borrueco – Autonomous University of Barcelona

On July 12th, during the congress, an open General Assembly of FEPSAC took place with invitations made to all individual members and representatives of all group members.

Presented by Markus Raab, president of FEPSAC for the term 2019-2022, the GA included reports from the President, Secretary General and Treasurer. All reports and proposals were approved unanimously. The election was led by Anne-Marie Elbe and Urban Johnson. Below follows all members elected as well as their roles within the agreed structure of the MC: Maurizio Bertollo (President), Rita de Oliveira (Secretary General), Athanasios Papaioannou (Treasurer), Michala Bednarikova (Vice-President for Applied and Education) working with Alina Gherghisan and Alexis Ruffault, Bernd Strauss (Vice-President for Research and Communication) working with Anastasiya Khomutova and Yago Ramis. Zsanett Bondár will be the next FEPSAC officer.

FEPSAC awarded the title of Honorary Membership to Dorothee Alfermann and Erwin Aritzsch for their services to FEPSAC over the course of their careers and thanks them for their ongoing contributions to FEPSAC and Sport Psychology.



Managing council 2022-2026. From left to right: Yago Ramis, Alexis Ruffault, Anastasiya Khomutova, Michala Bednarikova, Maurizio Bertollo, Rita de Oliveira, Bernd Strauss, Athanasios Papaioannou, Alina Gherghisan

3. Next FEPSAC Congress: Innsbruck 2024

Next FEPSAC Congress Venue will be Innsbruck, Austria in July 2024.

Dr. Chris Willis and Dr. Georg Hafner will organize the conference in this wonderful Olympic Tyrolean town in Eastern Austria. The website of the congress can be accessed [here](#).

4. FEPSAC is participating in two Erasmus+ Sport EU Grants

Since May 2022, FEPSAC is part of two different Erasmus+ Sport projects acting as a coordinator in one of them. Specifically, the projects granted are “4me4all” on the inclusion of adolescents at risk under the tutorship of former elite athletes, and “EUPAG” European Physical Activity Guidelines to Tackle Depressive Symptoms. These projects of two and three years respectively, involve sport organizations from Belgium, Netherlands, Portugal, Italy, Turkey and Germany.

The Erasmus+ Sport program for the period 2021-2027 is now active and FEPSAC is happy to consider being a partner and supporting projects in the field of Sport and Exercise Psychology in the framework of collaborative partnerships

The Sport Chapter in the Erasmus+ Programme aims to support European partnerships on grassroots sport in order to pursue the following objectives: Tackle cross-border threats to the integrity of sport, such as doping, match fixing and violence, as well as all kinds of intolerance and discrimination; To promote and support good governance in sport and dual careers of athletes; To promote voluntary activities in sport, together with social inclusion, equal opportunities and awareness of the importance of health-enhancing physical activity, through increased participation in, and equal access to sport for all.

Institutions willing to participate in Erasmus+ Calls partnering FEPSAC in Collaborative Partnerships, Small-Collaborative Partnerships or Not-for-profit European sport events, please submit your proposals to office@fepsac.com.

5. FEPSAC Certification

During 2019-2022 the following sport psychology practitioners have obtained the FEPSAC Professional Certification for Specialists in Applied Sport Psychology (SASP-FEPSAC): Seber Berceste, Alessia Bruno, Alina-Isabela Gherghișan, Florence Lebrun, Nollaig Mac Chárthaigh, Elena-Madalina Margarit, Juan Megi, Karin Moesch, Ismael Pedraza, Ioana Raluca Oproiu, Bernadette Ramaker, Maximilian Richert, Montse Ruiz, Camilo Sáenz-Moncaleano, Stinne Sondergaard, Andrada Vincze.

All sport psychology practitioners that are willing to obtain the newly developed FEPSAC Professional Certification can review all required prerequisites and criteria here. The next deadline to submit the portfolio will be September 30th 2022.

6. FEPSAC Internship Grant

Every year FEPSAC members who are either PhD students or starting their applied practice can apply to this internship grant to spend a period of time in another European country, by submitting their application to office@fepsac.com by the 31st of May or the 31st of December of each year. In 2022 for the application round closed on the 31st of May 2022, Malwina Fituch, sport psychologist was awarded with the FEPSAC grant which will

support her internship at the London South Bank University in the United Kingdom under the supervision of Rita de Oliveira, Associate Professor in Sport and Exercise Science.

7. FEPSAC collaboration on elaborating the EDI Guidelines for Academic Conferences

We are proud of having collaborated, along with other sport psychology associations such as the International Society for Qualitative Research in Sport and Exercise (QRSE), the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS), the North American Society for the Psychology of Sport and Physical Activity (NASPSPA) and the British Psychological Society – Division of Sport and Exercise Psychology (BPS) in the elaboration of the guidelines on “How to build capacity for Equity, Diversity, and Inclusion (EDI) in Academic Conferences”.

This document was elaborated as a guide to finding suggestions about actions that associations can take to support equity, diversity and inclusion in the organization before, during and after their conferences.

8. Psychology of Sport and Exercise keeps increasing its impact

Clarivate Web of Science has released 2021 Impact Factors of journals included in the Journal Citation Reports index. In the field of Sport and Exercise psychology, the official journal of FEPSAC, Psychology of Sport and Exercise, edited by Elsevier, keeps the leading position in the field.

We wish to acknowledge the wonderful work of the whole Editorial Board of PSE but with a special mention to Editors In-Chief, Prof. Bernd Strauss and Prof. Nikos Ntoumanis.

g. German Association of Sport Psychology (Arbeitsgemeinschaft für Sportpsychologie: ASP)

Report submitted by: Anja Kröger

The German Society of Sport Psychology (German: Arbeitsgemeinschaft für Sportpsychologie: asp) was founded in 1969 in Muenster (Germany) and is devoted to the promotion of research, practice, and development in the discipline of sport and exercise psychology in Germany.

The ASP consists of more than 540 individual members (August 2022), most of whom are psychologists, sport scientists or sport psychologists.



The managing council, elected for 2 years in May 2021, consists of the President (Prof. Dr. Oliver Stoll, University of Halle/Saale), a Vice-President-managing director for financial issues (Prof. Dr. Ines Pfeffer, Medical School Hamburg) and five Vice-Presidents representing the departments “health and exercise,” (Prof. Dr. Jana Strahler, University of Freiburg and Prof. Dr. Mirko Wegener, University of Hamburg) “research and international

affairs,” (Prof. Dr. Matthias Weigelt, University of Paderborn) “top-level sports and practice,” (Dr. Christian Reinhardt), and “student research training and affairs.” (Prof. Dr. Franzi Lautenbach, University of Berlin). The manager of the administration office is Anja Kroeger. She can be contacted via office@asp-sportpsychologie.org.

The ASP maintains close relations to many national and international societies, among them are the FEPSAC and the ISSP. The purpose is to encourage and promote the study of human behaviour within sport and exercise as well as to improve the quality of research and professional practice in sport and exercise psychology.

This mission is realized by an annual conference and training programs in the field of top-level sports (and a related certification in collaboration with the Federal Institute for Sport Science, BISP, the German national Football association (DFB) and the German Olympic Sport Organisation, DOSB) and health or methodological training. These training programs/ curricula in sport psychology for top-level sports serve as an entrance qualification for elite sports psychology support in Germany. There are currently approximately more than 250 individuals with the credentials required for work with German national and Olympic teams.

The official journal of the society is the German Journal of Sport Psychology (Zeitschrift für Sportpsychologie; publisher: Hogrefe), founded in 1987 which is available on paper or online.

This year’s conference was held in Muenster in June and had more than 300 participants talking about “One Brain - Much Movement”. The next annual conference will take place in May 2023 in Stuttgart-Vaihingen with the topic “Human performance – Assessment, Intervention and Analysis”. The conference website is www.asp-tagung.de (starting in Oct.2022)

Most relevant information is provided via the newly relaunched website: www.asp-sportpsychologie.org and in social media: LinkedIn and twitter [asp_sportpsycho](https://twitter.com/asp_sportpsycho). The podcast “news and wisdom for the (young) sport psychology researcher” can be listened to on Spotify.

h. International Society of Sport Psychology (ISSP)

Report submitted by: Robert Schinke

The International Society of Sport Psychology (ISSP) has hired a management firm - Holland Parlette to assist with the ISSP's continued modernization.

2. A completed strategic planning process has been completed and can be found at our website: issponline.org
3. The *International Journal of Sport and Exercise Psychology* has continued to improve, and for 2021 gained an impact factor of 4.1.
4. The ISSP Registry (<https://issponline.org/index.php/registry/issp-registry>) continues to attract registrants (ISSP-R) and supervisors (ISSP-S). The latest country to join has been Singapore.
5. Developments in the World Congress continue, as we move to an in-person offering in 2025.
6. We launched our new ISSP website in August 2022.

i. Japanese Society of Sport Psychology (JSSP)

Report submitted by: Yasuhisa Tachiya

The Japanese Society of Sport Psychology (JSSP) was founded in 1973 and has approximately 850 members in 2022. JSSP has Japanese Journal of Sport Psychology (JJSP). The latest issue of JJSP is the Vol. 49, No. 2 in 2022.

JSSP has the Certified Mental Training Consultant in Sport. JSSP supports a certification program for applied sport psychology professionals. The number of the Certified Mental Training Consultant in Sports is approximately 170 people.

The annual conference of JSSP was held the 49th conference in person in 2022. The annual conference was held in 2020 and 2021 online only. Next year (2023), the 50th anniversary conference will be held in Tokyo.

j. North American Society for the Psychology of Sport and Physical Activity (NASPSA)

Report submitted by: Jackie Goodway and Penny McCullagh

The North American Society for the Psychology of Sport and Physical Activity is a multidisciplinary association of scholars from the behavioral sciences and related professions. The Society functions to:

- Develop and advance the scientific study of human behavior when individuals are engaged in sport and physical activity
- Facilitate the dissemination of information
- Improve the quality of research and teaching in the psychology of sport, motor development, and motor learning and control

The membership consists of 670 members in three areas: Sport and Exercise Psychology, Motor Learning and Control, and Motor Development.

Approximately half of these members being in the Sport and Exercise Psychology area and approximately half students.

NASPSPA has a Facebook page (North American Society for the Psychology of Sport and Physical Activity) and a Twitter handle (@NASPSPA). Website: NASPSPA.com

Annual Conference

The annual conference of NASPSPA was held in Hawaii from May 26-28, 2022 with 476 attendees and 427 abstracts. The program schedule for NASPSPA included presentations in three areas: 1) Sport and Exercise Psychology, 2) Motor Development, and 3) Motor Learning and Control as well as the Human Kinetics Lecture

Two journals are associated with NASPSPA, the Journal of Sport and Exercise Psychology and the Journal of Motor Learning and Development. The organization hosts a number of awards including: 1) President's award (not always presented each year), 2) Distinguished Scholar Award, 3) the Early Career Distinguished Scholar Award, 4) Graduate Student Award for International Conference Travel, and 5) the Graduate Student Research Grant.

There are three working committees:

- 1) Teaching Network – the Teaching Network was designed to create a space for members to develop and refine their teaching expertise within the subdisciplines. Acknowledging an aim of NASPSPA is “to improve the quality of research and teaching in the psychology of sport, motor development, and motor learning and control”, the Teaching Network developed a proposal and framework for promoting teaching. The Teaching Network has hosted a number of events across the year promoting teaching.
- 2) Task Force on Equity, Diversity and Inclusion – the Task Force on Equity, Diversity and Inclusion is responsible for an integrated and proactive evaluation of NASPSPA achievements and challenges, and the subsequent development and implementation of a sustainable and accountable equity, diversity and inclusion action plan.
- 3) NASPSPA Motor Learning, Development and Control Online Research Seminar Series (MLDC ORSS) – the MLDC ORSS supports the Society's mission to advance scientific study, improve research quality and facilitate research information dissemination for motor learning, development and control areas.

Major NASPSPA initiatives over the past year have included:

- 1) Development of the “Ethical Standards for NASPSPA Members” policy and identification of an Ethics Violation Committee.
- 2) Development of “Core Values” for NASPSPA.
- 3) A survey of the membership relative to how members self-identify.

- 4) Development of a resource called “Academic Conferences - How to Build Capacity for Equity, Diversity, and Inclusion.” (in cooperation with 4 other organizations)
- 5) Development of Equity, Diversity and Inclusion guidelines for journal. (in cooperation with 4 other organizations).
- 6) A number of student workshops around working in industry and getting a job.

k. Norwegian Association of Sport Psychology (Norsk Forening for Idrettspsykologi, NOFIP)

Report submitted by: Marit Sørensen

The Norwegian Association of Sport Psychology (in Norwegian: Norsk Forening for Idrettspsykologi, NOFIP) was founded in 1991 in Oslo. The association is for professionals engaged in sport and exercise as both an academic and a practical field. The purpose of the association is to promote education, research and professional work within the field of sport and exercise psychology and contribute to increased knowledge about and understanding for the field. Further, the association wants to be a forum for members to exchange information and views and represent sport and exercise psychology nationally and internationally. The association will also ensure that its members fulfil the minimum level of competence in the field, and develop, strengthen and disseminate ethical demands in this type of work. The activities are mainly to arrange scientific meetings, seminars, webinars, and give scientific information where and when relevant.

NOFIP has two types of memberships: 1. General membership, which is for researchers or practitioners who fulfil the criteria for membership, which is minimum a master’s degree within a relevant field. These members have voting rights in the General assembly. 2. There are also supporting members, which may be institutions, organisations or students. These members have the right to speak, but not to vote in the General assembly. At present NOFIP has around 50 members.

The managing council consists to date of the president, associate professor Baard E. Solstad, and post doctor Martin Kjøen Erikstad, both from the University of Agder, doctoral student Jan Åge Kristensen, licenced psychologist and doctoral student Tom Henning Øvrebø, and professor emerita Marit Sørensen, all at the Norwegian School of Sport Sciences (NSSS). Substitutes are professor Anne Marte Pensgaard, NSSS, doctoral student Dag Andre Nilsen, Inland Norway University, and associate professor Hedda Berntsen, University of South Eastern Norway. This autumn the association has held 3 shorter webinars, and the 22nd of October a one- day conference was successfully held in Oslo. The association has a web site (in Norwegian) with the address: <https://www.nofip.no/start>.

I. Professional Baseball Performance Psychology Group

Report submitted by: Charles A. Maher

The Professional Baseball Performance Psychology Group was established in 2011 by eight (8) practitioners of sport psychology. These individuals had been practicing sport psychology with their respective MLB clubs for a number of years. Typically, they worked alone in their respective settings, without much collegial support. In 2011, we agreed that it would be a worthwhile investment of time and effort to attempt to meet as colleagues on regular intervals to discuss common issues and concerns related to professional practice. As such, the Group was born.

The stated and overall purpose of the Group was to communicate with and support one another with regard to our work as practitioners, so that they can continue to develop and improve their practice of sport psychology. The goals of the Group have been established as : (1) Identify issues of professional practice that are of mutual concern, as encountered in the professional baseball environment; (2) Pinpoint sport psychology interventions that are empirically and experientially informed and which are relevant to fostering the mental performance and mental health of professional baseball players , coaches, and staff; (3) Recruit qualified mental skills coaches and sport psychologists who are working with MLB clubs to join the Group; and (4) Promote continuing education of the members.

As described in detail in the PBPPG Bylaws, in order to become a member of the Group, an individual has to make application and meet specific membership criteria. These capacities were: (a) being an employee in some area of sport psychology with an MLB club; or (b) serving as a contracted consultant to a respective club, with a defined role with an MLB club as a mental skills coach or as a sport psychologist. The criteria for membership in the Group requires that each applicant : (a) possess a minimum of a graduate degree at the master's level in sport psychology or performance psychology, documented by official transcripts; (b) offer evidence of their professional certifications such as the CMPC, and/or psychology license; and (c) provide information from an MLB club official that the applicant had at least one-full year of experience working in professional baseball in the sport psychology domain as either an employee of that organization or as a contracted consultant. This application information for each candidate for membership then is reviewed by the Board of Directors of the Group. Based on that review, the individual is voted to become a member of the Group or that candidate is requested to provide additional information.

Nature and Scope of Group Membership

Out of 30 MLB clubs, 28 of them are represented in the PBPPG. More specifically, the membership in the Group has grown progressively from 8 members in 2011 to 84 members in 2022. Of the current 84 members of the Group, 67 of them hold master's degrees in sport or performance psychology, while 17 of the members hold doctoral degrees in sport psychology or a doctoral degree in a related field on psychology. The average number of years working in

sport psychology is about 12 years, with 9 years being the average number of years working with an MLB Club. With regard to specific professional credentials, 8 of the current members are licensed to practice psychology in their respective jurisdictions, while 14 members have attained certification as a CMPC.

Group Goal 1 --- Identification of Professional Practice Issues

This goal of the Group has provided members with opportunities to discuss issues and concerns that are of direct relevance to the practice of sport psychology in professional baseball. Such discussions occur by means of face-to-face discussion at the mid-season and winter meetings, as well as via email and telephone contacts, and most recently, via Zoom links. This goal has been one where there was considerable attention and engagement by membership, over the course of time. One of the most important matters that has been actively considered is that of practicing within the scope of one's education and skill set. This is an important issue since the Group was comprised primarily of mental skills coaches who were not licensed mental health professionals. Over the course of time, discussion proceeded to an agreement that both mental performance and mental health are important areas that have value for players and staff. During these discussions, there has been repeated reference to the need for all members to adhere to the Codes of Ethics of the American Psychological Association and the Association of Applied Sport Psychology. More specifically, it has been agreed that very important roles of mental skills coaches are to assist players in learning how to: (a) prepare for competition by implementing effective routines; (b) compete effectively during games using a one pitch at a time mindset; and (c) evaluate their performance in an objective way, as a basis for continued improvement. Relatedly, it also was agreed that members who are licensed mental health professionals are able to: (a) conduct psychological assessments of players and draft prospects; (b) provide referrals for mental health treatment to qualified providers; (c) provide psychological counseling to players and staff; and (d) collaborate with mental skills coaches about the mental and emotional development of players.

An additional and very important discussion has been that of how mental skills coaches and licensed mental health professionals can provide services to coaches and support staff such as athletic trainers and strength and conditioning staff. The need for this kind of discussion has revolved around the notion of the importance of the process of consultation that is, providing advice and suggestions to coaches and staff about how to enhance the mental performance of their players. Relatedly, it has been agreed by members of the Group that baseball coaches also are performers and that they, too, can benefit from advice about how to prepare, compete, and deal with results of their teams in a productive manner.

A document has been developed entitled, Professional Practice Guidelines of the PBPPG. Contained in this document are guidelines about roles and responsibilities of mental skills coaches and licensed mental health professionals; a listing of ethical standards with regard to practicing within the

bounds of their education and skill sets; and how to handle mental health crisis and emergency situations.

Another document that has been produced by the Group is entitled, Guidelines for Referral of Players to Employee Assistance Professionals. This document has focused on how to refer players and coaches with mental health concerns to qualified, licensed mental health providers. A third document that has been developed--- through committee work is called, Guidelines for Establishing MLB Sport Psychology Services. This production is intended to provide a rationale as well as thoughts and opinions that could be used by MLB clubs in establishing sport psychology services as an integral part of their operations.

Group Goal 2 --- Pinpointing of Sport Psychology Interventions

The basic intention for this goal is to pinpoint sport psychology interventions—methods and procedures--- that members found to be valuable in their work. It was expected that the methods and procedure presented would possess the following qualities: (a) practicality--- capable of being implemented by players and coaches in professional baseball environments; (b) utility --- have been perceived by players and coaches as being useful to them with regard to baseball mental performance; and (c) technical adequacy--- there is research and practitioner evidence supporting the use of the particular method or procedure.

Based on presentations and discussions by members of the Group, over the course of time, several methods and procedures were identified as meeting the above criteria. Process goal setting was considered as important in that most members instructed their players about committing to and focusing on the process of playing the game, rather than paying attention to results and other things not within their control. The use of diaphragmatic breathing also was an important method. In this regard, members commented about the value to teaching players and coaches about how the breath can assist in keeping them calm and in control of their emotions, especially during pressure game situations. A third method was the use of visualization as a means of allowing the player to engage in mental repetitions of their baseball skills. A fourth procedure involved how to assist players to develop a game plan as well as a plan for an at bat and follow through with the plan during competition.

Group Goal 3 ---Membership Recruitment

The informal way of member recruitment may very well be the quickest and effective way of inviting members to apply to the Group: Identifying individual and encouraging them to apply to the Group. This approach is very useful so since many of the individuals who were contacted about the Group already has heard about it from word of mouth and contacts with members of the Group.

Group Goal 4 --- Promoting Continuing Education

As part of the document, Professional Practice Guidelines of the PBPPG, there is a provision that all members are expected to continue their education in sport and performance psychology. This continuing education expectation is not monitored by the Board of Directors since the PBPPG is a support entity. Since many members are certified mental performance consultants or licensed mental

health professionals, it is known that they had to engage in continuing education to maintain their credentials.

Second, members have expressed interest in participating in educational sessions as part of their membership. Toward that end, a committee was formed to consider that request. In conjunction with the Board of Directors, the committee established two time periods when continuing education sessions could be offered. One time period was during the mid-season meetings and the other at the winter meeting of the Group.

Third, due to expressed interest, planned educational sessions have occurred where members can choose to attend and participate. For the most part, each education session was between one and two hours in length. The sessions were facilitated by members of the Group who have actual experience on the particular topic. At other less frequent times, a content expert who was not part of the Group was the presenter. Examples of continuing education sessions that have occurred during the past several years, have focused on these topics: (a) assisting players to develop and implement effective pre-game routines; (b) taking one's pre-game preparation into the game; (c) effective ways of consulting with coaches and support staffs; (d) teaching players to cope productively with pressure game situations; (e) communicating and collaborating with front office leadership; and (f) self-care.

m. Society of Sport and Exercise Psychology of Taiwan (SSEPT)

Report submitted by: Yu-Kai Chang

The Society for Sport and Exercise Psychology of Taiwan (SSEPT), founded in 2000 in Taipei, Taiwan, is devoted to promotion, practice, and development in the disciplines of sport psychology, exercise psychology and motor learning and behavioral research and practices in Taiwan.



- SSEPT Website: <http://ssept.org.tw/>
- SSEPT FB: <https://www.facebook.com/groups/1436602289887541>
- SSEPT YouTube: <https://www.youtube.com/channel/UCk3dxVKZ-nzKzZi6lllofqbw>

Executive Committee and MC meeting

Executive committee: The term of an SSEPT executive leader and committee is two years, and the SSPET has had 10 terms since 2000. The current executive committee is led by Dr. Yu-Kai Chang, Research Chair Professor in the Department of Physical Education and Sports Science, National Taiwan Normal University, since 2020. Details regarding the committee members meetings are as follows:

President	Yu-Kai Chang
Vice President	Chiao-Lin Nien
Secretary-General	Chiao-Ling Hung

Deputy Secretary-Generals	Feng-Tzu Chen, Chien-Heng Chu, Wei-Jiun Shen, Tai-Fen Song and Chun-Chih Wang
Directors	Hsiu-Hui Chen, Mei-Chi Chen, Mei-Hwa Chen, Yi-Hsiang Chiu, I-Hua Chu, Tsung-Yu Hsieh, Ya-Wen Hsu, Shih-Chiung Lai, Ching-Er Lin, Chi-Yen Lin, Han-Ni Peng, Chun-Hao Wang and Hsiu-Tin Wu
Supervisors	Huai-Hsiao Chiang, Ying-Che Huang, Ju-Han Lin, Yeou-Teh Liu and Li-Chin Yeh
Advisory Committee	Li-Kang Chi, Yan-Huei Chuang, Chung-Ju Huang, Tsung-Min Hung, San-Fu Kao, Chu-Min Liao, Su-Yen Liu and Jing-Hong Lu

Below are a few of the SSEPT 2022 activities:

1. *Journal*

Bulletin of Sport and Exercise Psychology of Taiwan (ISSN: 1814-5108), established in 2001, is the official journal of the SSEPT. The journal was previously biannual, and issued in May and November, from 2003 to 2019, and is now is triannual, and has been issued in March, July and November, since 2020.

The journal has been recognized as the a# 1 ranked journal by the Ministry of Science and Technology, Taiwan, and has recently received the honor of placement in the TSSCI (Taiwan Social Sciences Citation Index), the best journal index in the core of the Taiwan Humanities Citation Index.



2. *Sports Consultant Certification*

The SSEPT supports a certification program for applied sports psychology professionals. Approximately 200 people have taken this program and achieved the status of “Certified Mental Training Consultant in Sports.” This year, we have held “the 7th sport psychology Consultant Training program”. Approximately 50 people have joined this program in 2022.



3. Facebook Social media

The SSEPT has created a Facebook page, which currently includes more than 2,100 followers. The SSEPT has also created a YouTube channel, starting this Oct, 2021, for promoting sport and exercise psychology worldwide via videos. See: <https://www.youtube.com/channel/Uck3dxVKZ-nzKzZi6lllofqbw>



4. 尹書田

尹書田教育講座教授
Dr. Robert Schinke
國立清華大學 2022年5-6月講座

5/11 (三)
地點：線上講座 Google Meet (全程免費)
時間：19:00-20:30
主題：運動心理學專業從業人員應具備的核心才能
Core Sport Psychology Competencies of a Scientist – Practitioner

5/25 (三)
地點：線上講座 Google Meet (全程免費)
時間：19:00-20:30
主題：在運動領域以藝術方法、符號及可塑性方法學，開展出研究參與者的共融關係與理解
Arts-Based Methods, Symbols, and Mobility Methods to Develop Rapport and Understanding in Sport

6/1 (三)
地點：線上講座 Google Meet (全程免費)
時間：19:00-20:30
主題：開展情境取向的運動心理服務實務
Developing a Context driven Sport Psychology Practice

歡迎校內外人士報名
報名表單

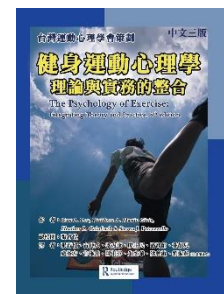
Dr. Kao, from National Tsing Hua University, hosted a workshop to guide us to experience different sport psychology aspects. The keynote speaker: Dr. Robert Schinke give three talks including: “Core Sport Psychology Competencies of a Scientist – Practitioner”, “Arts-Based Methods, Symbols, and Mobility Methods to Develop Rapport and Understanding in Sport”, and “Developing a Context driven Sport Psychology Practice”. We are extremely excited by the keynote speaker Dr. Robert Schinke.

5. Annual conference

The SSEPT was founded in 2000 in Taipei. The SSEPT is devoted to the promotion, practice, and development in the discipline of sport and exercise psychology and motor behavior of research in Taiwan. Approximately 150 people attended the annual conference on October 23, 2022.

6. Book

Many scholars in the SSEPT executive committee have translated sport and exercise psychology textbooks into Chinese, and the majority of these books have been endorsed by the SSEPT. The SSEPT is republished the Chinese version of “*The Psychology of Exercise: Integrating theory and practice, 5th edition*” this year.



7. Other



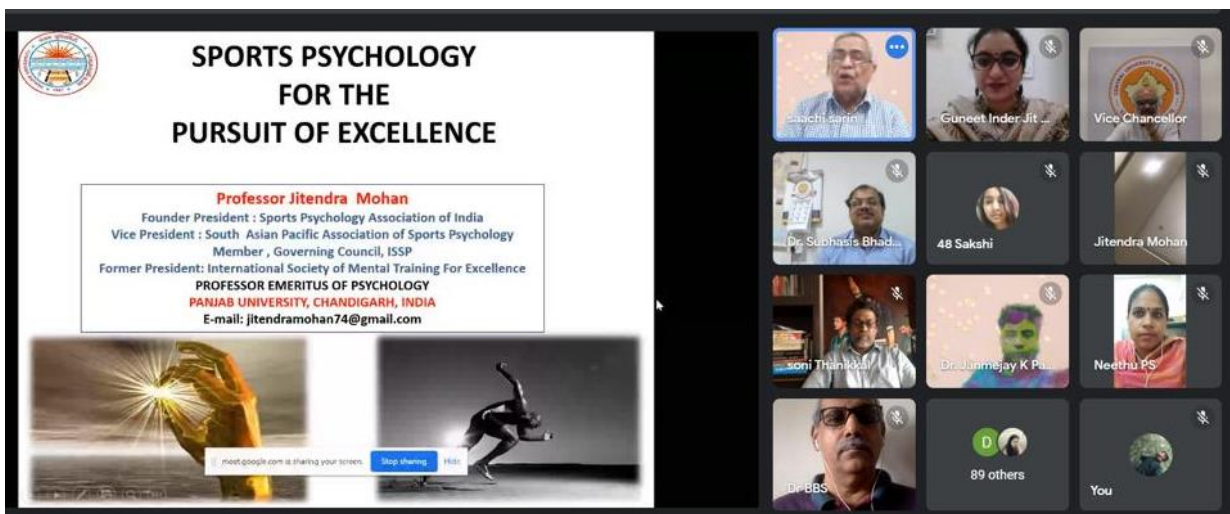
The official website of SSEPT actively presenting our activity and different conferences around the world. A list of the activity can be found on the SSEPT website: <http://www.ssept.org.tw/>

n. Society of Sport Psychology Association of India (SPAI)

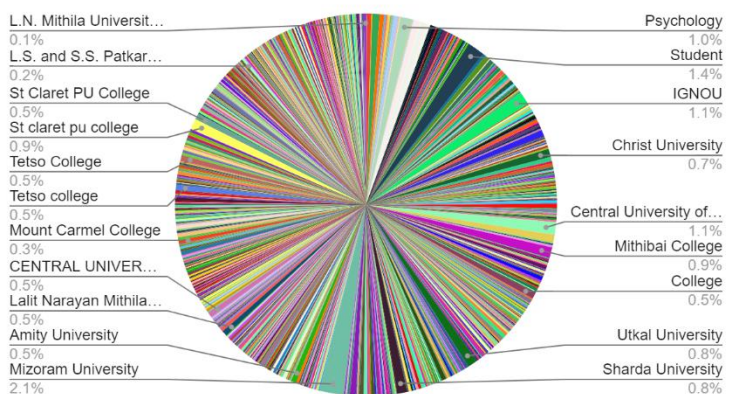
Report submitted by: Jitendra Mohan, Guneet Inder Jit Kaur

The Central University of Rajasthan, Department of Sports Psychology, School of Sports Sciences (Supported by Ministry of Youth Affairs and Sports) envisions to become a recognized and trusted education centre for sport psychology through robust scientific research, and teaching in sport psychology. It currently offers a Postgraduate course (M.A./M.Sc. Sports Psychology) and a doctoral programme (Ph.D. Sports Psychology). Having memoranda of understanding with institutions of eminence such as NIS, Patiala and SAI, Calcutta, which have been the training ground to many Olympians, allows students get an opportunity to intern with them which get them a competitive edge in employment. In line with this, the following events have been conducted to bridge the gap between academia and practice of Sports Psychology:-

1. Four days Online Expert Lecture Series on “Career Prospects in Sports Psychology” (July and August, 2021)



Affiliation- Participants (total-1213)



2. National Webinars on Higher Education in Sports Psychology (2022)

AADI Career Guidance & Counselling Centre
Chandigarh

In Association With
Central University of Rajasthan,
Department of Sports Psychology

Organizes
National Webinar on
"Higher Education in Sports Psychology"

Patron
Prof. Anand Bhalerao
Hon'ble Vice Chancellor,
Central University of Rajasthan

Date: 2nd July 2022
Time: 12:00 - 1:00 PM

Webinar Highlights

- Importance of Sports Psychology
- Higher Education at Central University of Rajasthan
- Eligibility criteria & entry route for M.A./ M.Sc Sports Psychology (Admission started through CUET- <https://cet.nta.nic.in/> ; Course Code- PGQP46)
- Department of Sports Psychology: Teaching and Research
- Career Prospects of Sports Psychology

Google Meet Link meet.google.com/ncj-yuki-kbw

Department of Sports Psychology, CU-RAJ

Prof. Pradeep Verma (Dean, School of Sports Sciences, CURAJ)
Dr. Subhasis Bhadra (HOD, Department of Sports Psychology, CURAJ)
Dr. Neethu P.S. (Assistant Professor, Department of Sports Psychology, CURAJ)
Dr. Gunee Inder Jit Kaur (Assistant Professor, Department of Sports Psychology, CURAJ)

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Mr. Anil Garg 988892077 andicentre@gmail.com
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Dr. Neethu P.S. 9486923168 neethu@curaj.ac.in

NATIONAL WEBINAR ON
Higher Education in Sports Psychology

Organised by
TRUST Centre for Mindful Living, Ernakulam
Central university of Rajasthan, Department of Sports Psychology

Patron
Prof. Anand Bhalerao
Hon'ble vice chancellor
Central University of Rajasthan

The Event Will Be Held On:
Sunday, 3 July, 2022
7:00 pm- 8:00 pm

Department of Sports Psychology CU-RAJ

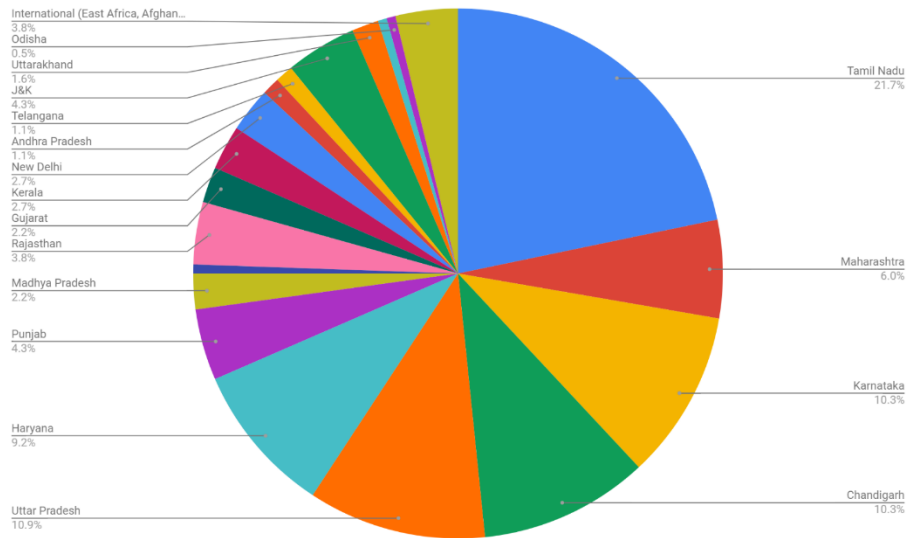
Prof. Pradeep Verma
Dean, School of Sports Sciences, CURAJ
Dr. Subhasis Badra
HOD, Department of Sports Psychology, CURAJ
Dr. Neethu P. S
Assistant Professor,
Department of Sports Psychology, CURAJ
Dr. Gunee Inder Jit Kaur
Assistant Professor,
Department of Sports Psychology, CURAJ

TRUST Centre for Mindful Living

Dr. Prajesh Palanithara
Founder & Chief Psychologist
TRUST Centre for Mindful Living, Ernakulam

Webinar Highlights
Importance of Sports Psychology
Higher Education at Central University of Rajasthan
Eligibility criteria & entry route for M. A./ M.Sc Sports Psychology (Admission started through CUET- <https://cet.nta.nic.in/> ; Course Code - PGQP46)
Department of Sports Psychology : Teaching and research
Career Prospects of Sports Psychology

For more details:
9486923168
9815292323
8129160007
neethu@curaj.ac.in
Google meet link
meet.google.com/usr-ijsc-tdi



o. Sport Psychology Council (SPC)

Report submitted by: Kwok Ng and Judy L. Van Raalte

The Sport Psychology Council (SPC) was started in the 1990s by Dr. Michael Sachs who was interested in supporting collaboration among sport psychology organizations and leaders. In its current form, the SPC is a group of individuals who represent sport psychology organizations around the world. The SPC gathers at conferences and congresses to share sport

psychology organizations' successes, trends, and difficulties and to discuss and implement strategies to promote all organizations and the field of sport psychology. There is no membership fee for organizations to join the SPC and no bylaws or typical organizational structure. Rather, the SPC maintains its informal status and meets at conferences and congresses when hosted by the generosity of sport psychology organizations worldwide.

The SPC is supported by the Society of Sport and Exercise Psychology of Taiwan (SSEPT), the North American Society for the Psychology of Sport and Physical Activity (NASPSPA), the American Psychological Association Society for Sport, Exercise & Performance Psychology (APA Division 47), the Association for Applied Sport Psychology (AASP), and the International Society of Sport Psychology (ISSP) which provide financial support that has funded the Sport Psychology Council and its website, www.SportPsychologyCouncil.org through 2026. The webmaster is Kwok Ng, (University of Limerick, University of Turku, and University of Eastern Finland).

The SPC mobile friendly website includes information about the Sport Psychology Council, minutes of annual meetings, and links to sport psychology organizations around the world. There was no report uploaded for 2021, hence this update provide statistics from 2021 to 25th October 2022. In this period, there have been 2600 new visitors to the site, of which 1070 were from Asia, 778 from Americas, 412 from Europe, 166 from Africa, 31 from Oceania, and 28 from unknown locations. There were peaks of web activity from at least 300 visitors on the 24th March 2021, 21st April 2021, 22nd July 2021, and 18th April 2022. The majority of users used English (US), followed by Chinese, English (GB), however the common language requests were Arabic (n=78), and 25 requests from Brazilian, Chinese, Japanese each. Student groups and professional organizations can link the SPC website with their own sites. The logo for the SPC can be easily taken to back link with organizations' websites.

All interested sport psychology organizations are invited to share links to their websites and to link to the SportPsychologyCouncil.org website. Also, it would be helpful for associations to provide their logos for the SPC website. Currently the national links have not been fully followed, but it is planned to do this following reception of the logos. If organisations do not have logos, please notify webmaster@sportpsychologycouncil.org

p. Swedish Sport Psychology Association (SIPF)

Report submitted by: Arne Edvardsson

The Swedish Sports Psychology Association (SIPF) aims to increase interest in sports psychology in Sweden. We have broadened our target group to reach out to more people, nationally but also internationally. This is done by inviting interesting researchers from around the world to our annual conference but also through texts and interviews in our member magazine FLOW.

The last SIPF conference had the theme "Team development" and next year's theme is "Psychological safety". This conference will be held in Stockholm 25-26 of March 2023.

At the end of August 2022, we have released the latest issue of our member magazine FLOW. That number just like the last conference has the theme "Team development". In this issue we have, among other things interviews/texts from established names such as the researcher Susanne Meckbach and the sport psychology practitioner Daniel Ekvall.

We have also been working on strengthening our collaboration with different Swedish sport federations. The sport federations will be able to get a special federation membership where they can learn from each other how to implement sport psychology into their organization.

2. New Business

- a. Remind organizations that they can link to **SportPsychologyCouncil.org**
 - i. Plan for new languages and organizations to be added to the website
 - ii. Correct any errors or failed links
- b. Areas for sharing information and possibilities for collaboration
- c. Other issues
 - i. Consider "International Sport Psychology Council" name
 - ii. Suggest organizations select Sport Psychology Council meeting attendee, , other interested individuals may attend.
 - iii. Add a business card exchange at the beginning of future meetings
 - iv. Include information about the Sport Psychology Council and meeting as an insert in conference registration materials.

4 ACTION ITEMS

Action	Assigned To	Deadline
Review minutes and submit corrections to Judy VanRaalte (jvanraal@SportPsychologyCouncil.org)	Everyone	30 December 2022
Check organizational logos on SportPsychologyCouncil.org and email logo updates to Kwok Ng at: webmaster@sportpsychologycouncil.org	Everyone	Ongoing
Support website linking to SportPsychologyCouncil.org and check SportPsychologyCouncil.org for link corrections	Everyone	30 December 2022
Suggest location for 2022 Sport Psychology Council meeting.	Everyone	30 December 2022

5 NEXT MEETING

Suggest sites for future meetings - AASP 2023 and FEPSAC 2024