
SPORT PSYCHOLOGY COUNCIL

MEETING MINUTES

Meeting Date: 5 October, 2013

Meeting Location: New Orleans, USA

Time: 7:00-8:00 am

Recorded By: Patsy Tremayne, Ph.D.

1 ATTENDANCE

Name	Organization
John Heil	American Psychological Association Division 47 (Exercise and Sport Psychology)
Gualberto Cremades, Jack Watson	Association for Applied Sport Psychology (AASP)
Kirsten Peterson	Australian Institute of Sport (AIS)
Patsy Tremayne	Australian Psychological Society-College of Sport and Exercise Psychologists (CoSEP) http://www.groups.psychology.org.au/csep/
Hamish Cox	British Psychological Society (Division of Sport and Exercise Psychology (DSEP))
Ale Quartioli	International Relations Committee, AASP
Yoichi Kozuma	Japanese Society of Sport Psychology
Karen Cogan	United States Olympic Committee

2 MEETING LOCATION

Hilton New Orleans Riverside, New Orleans, Louisiana, USA, Fountain Room

3 MEETING START

Meeting Start: 7:00 am

Meeting Scribe: Patsy Tremayne

4 AGENDA

1. Greeting –Jack Watson- The Sport Psychology Council (SPC) was started in the 1990s by Michael Sachs who was interested in supporting collaboration among sport psychology organizations and leaders. In its current form, the SPC is a group of individuals who represent sport psychology organizations around the world. The SPC gathers at conferences and congresses to share sport psychology organizations' successes, trends, and difficulties. Also, to discuss and implement strategies to help promote all organizations and the field of sport psychology. There is no membership fee for organizations to join the SPC and no bylaws or typical organizational structure. Rather, the SPC maintains its informal status and meets at conferences and congresses when hosted by the generosity of sport psychology organizations worldwide.
2. Introductions and brief reports (5 minutes) on the state of their associations. **The following includes written reports submitted by organizations not in attendance.**
 - a. Natalie D. Bush and Penny Werthner - **Canadian Sport Psychology Association** (Canada) is focusing attention on certification and professional development issues (they currently have approximately 100 members). CSPA has good relationships with all Canadian Sport Centers including set criteria for practitioners eligible to work with the centers.
 - b. Karen Cogan- **United States Olympic Committee (USOC)**- There are 125 days to go until the Sochi Winter Olympics and there is a big push to get athletes ready. The USOC will be moving into a new building with cutting edge technology by next year. With regard to staffing, the USOC has hired a psychophysiolgist to

carry out biofeedback and other activities. Efforts are being made to determine the ideal number of sports per sport psychologist to maximize breadth of service delivery and quality of services.

- c. Hamish Cox- **British Psychological Society (BPS) Division of Sport and Exercise Psychology (DSEP)**- Practitioners in the United Kingdom who uses the term “sport psychologist” to identify themselves must be accredited. In terms of identifying individuals who use the term “sport psychologist” incorrectly, there needs to be an awareness of this issue. The next conference will be held 16-17 December 2013 in Manchester, England.
- d. Jean Fournier- **French Society of Sport Psychology (SFPS)** includes 100 researchers, scholars, students and sport psychology professionals. Most members are French, but other francophone members have been joining the association (Belgium, Switzerland, Morocco, Tunisia). SFPS promotes and guarantees the ethical and scientific dimensions of the work of sport psychologists and sport psychology practitioners. SFPS delivers an accreditation for psychologists and graduate students (Masters) in sport sciences. SFPS organises an annual conference for Francophone members every year, and an international conference every 4 years. The next international conference will be held in Nice, France, May 12-14, 2014. <http://www.sfpscongress2014.com>
- e. John Heil- **American Psychological Association (APA), Division of Exercise and Sport Psychology (Division 47)**- Division 47 is a freestanding organization within APA. The Division has created a sport psychology proficiency statement approved by APA. However, this proficiency statement does not fully translate into an accreditation process. Rather, psychologists are licensed by state and there is not a specific sport psychology credential offered via APA. The next APA convention will be in Washington, D.C. from August 7-August 10, 2014. The Call for Programs is available at: <http://apa.org/convention/proposals.aspx>. With regard to traditional APA Convention proposal sent to Division 47, proposals for symposia or posters (no papers) are due **Monday, December 2, 2013**.
- f. Yoichi Kozuma- **Japanese Society of Sport Psychology (Japan)**- Has 700 members and hosts an annual conference. JSSP has 122 Certified Mental Training Consultants in Sport. These consultants have a master’s degree, are active members of JSSP for a minimum of 2 years, and have earned a minimum 15 points through publishing books and research papers, presenting at conferences, and participating at conferences. They must also accrue 30 hours of field internship. The license committee monitors points for Certified Mental Training Consultant in Sport. Advanced Level Certified Mental Training Consultants in Sport that have at least 55 points and over 100 hours of working in the field. Licenses are renewed every 5 years. Certified Consultants have formed an organization within Japan. The organization is divided into 6 branches and they host meetings and forums.
- g. Yoichi Kozuma -The **Japanese Society of Sport and Mental Training and Applied Sport Psychology** has over 1000 members, including athletes, students, and researchers. There are approximately 70-80 practicing consultants in the country, most work in university settings. Mental Training Specialists work with elite athletes and must have a Master’s degree and a certified number of points and hours. There is a license system for 300, 500, 1000 and 2000 points. A license of 500 points needs a minimum of 4000 field hours and a license of 1000 points need a minimum of 6000 filed hours field in addition to obtaining a Certified Mental Training Consultant in Sport from the Japanese Society of Sport Psychology.

- h. Yoichi Kozuma - **Asian South Pacific Association of Sport Psychology (ASPASP)**- The 2014 ASPASP meeting will be held in Tokyo. In 2020 the Olympic Games will be held in Tokyo.
- i. Yoichi Kozuma -**Japanese Society of Physical Education, Health and Sport Sciences: Division of Sport Psychology** has about 650 members, is open to researchers and students, and hosts an annual national meeting.
- j. Yoichi Kozuma -The **Japan Association of Clinical Studies for Mind & Body** offers a license called Sport Counseling.
- k. Yoichi Kozuma -**Japanese Society of Psychology (JPA)** is an organization that includes a division of Sport Psychology.
- l. Carole Ogelsby- **Women's Sport International**-The quadrennial 'World Women's Sport Conference' of the International Working Group is happening in Helsinki, June 12-15, 2014...The call for papers has gone out as of Oct 1 and can be accessed here www.iwg-gti.org
- m. Kirsten Peterson- **Australian Institute of Sport (AIS)** leads the development of elite sport in Australia. With the addition of Renee Appaneal, John Baranoff, and Amanda Palmer in 2013, the AIS Performance Psychology team employs a staff of 6 performance psychology experts. The AIS has recently changed its business model and method of sport services delivery at the national level. This model is similar to the United Kingdom model, whereby the AIS gives each of the National Sport Organizations a budget for which they are accountable, based on the sport's ability to contribute to medal outcomes at Commonwealth Games and the Olympic/Paralympic Games. By end of this year, the AIS, itself, will have no programs or coaches. The AIS now has to be relevant in a different way – as a sport science research and service centre of excellence. As part of this change, all sport science disciplines including Performance Psychology are charged with building and leveraging the national capabilities of their respective professions. As part our capability building efforts, in September 2013, the AIS (in conjunction with CoSEP) hosted the first Australia's Winning Edge Conference with about 80 psychologists in attendance. The previous most recent national sport psychology conference was held back in 1982 when the AIS started.
- n. Jose Carlos Jaenes Sanchez -**International Society of Sport Psychology** will hold the 14th ISSP World Congress July 2017 in Sevilla, Spain. isspwcsevilla2017@gmail.com
- o. Alan Smith- **North American Society of the Psychology of Sport and Physical Activity (NASPSPA)** has a primary mission to develop and advance the study of motor behavior and sport and exercise psychology. NASPSPA is primarily a research-focused group and targets activities toward the annual scientific meeting. We have no particular policy or other initiatives at present that fall outside of this mission (our present attention is on internal business/ functions), but we will alert the Council as any new directions are pursued. Our present membership is 277 professionals, 228 students, and 2 retirees (507 total members) representing 18 countries (most members from US and Canada). Our next annual conference will be June 11-14, 2014 in Minneapolis, MN.
- p. Peter Terry – **Asian and South Pacific Association of Sport Psychology** represents 75 countries with close to 65% of the world's population (with 19 affiliate member countries), and a membership of 4,000-5,000members. They have begun an initiative to provide open educational resources in an online format with the goal to educate and the possibility of developing online accreditation. They are rebuilding their organizational website and producing a

free ebook titled "Secrets of Asian Sport Psychology" expected to launch in January 2014 with chapters being added/updated as developed.

- q. Ulrika Tranaeus- **Swedish Sport Psychology Federation (SIPF)** has approximately 200 members and is open to students, athletes, coaches, applied consultants, and researchers with an interest in sport psychology education, applied work, and research. Previous membership was as high as 500 members so the current priority is to increase membership in the federation and member participation and attendance at twice yearly meetings. The fall 2013 meeting was held in Gothenburg and included a focus on evidence-based interventions. The Self-Determination Theory session began with a brief lecture on SDT theory followed by two Ph.D. students talking about SDT in exercise and sport contexts. A symposium on Cognitive Behavioral Therapy in sport followed a similar format with a lecture followed by interviews/discussions regarding two coaches' (national high jumping coach, club ice hockey coach with junior and senior men's national team coaching experience) thoughts about sport psychology. The next meeting will be in Stockholm in March 16, 2014.
- r. Patsy Tremayne (additional information from Stephanie Hanrahan) - **Australian Psychological Society (APS), College of Sport and Exercise Psychologists (CoSEP)**- Membership is currently ~200. CoSEP assisted with governmental investigations on doping and gambling issues in sport. The Australian Psychological Society sent CoSEP the APS Differentiating Competencies for all Colleges, as the Australian Health Practitioner Regulation Agency requires all competencies for the Colleges of the Australian Psychological Society to be revised and updated. The revisions were completed through a sub-committee of the CoSEP Executive Board. CoSEP, as one of the ways to differentiate itself from other Colleges, such as Clinical, highlighted the need for greater surveillance in ethical requirements in the College of Sport and Exercise Psychologists because of the challenging consulting environments. CoSEP also aligned itself with Australia's Winning Edge, and co-badged the recent AWE Conference in Brisbane with the Australian Institute of Sport.
- s. Judy VanRaalte- **Sport Psychology Council**- The SPC is developing a website that will allow for the posting of minutes from SPC meetings and will provide links and information about sport psychology that will be available for all other sport psychology organizations. The website will be reviewed by interested organizations and individuals before posting. Currently, Ng Kwok (student currently studying in Finland) is developing the website and managing the related duties. Big thanks to AASP for providing funding for this project.
- t. Jack Watson, Gualberto Cremades, Ale Quartiroli - **Association for Applied Sport Psychology (AASP)** (US) is working to enhance international collaboration. Individuals from developing countries who are interested in AASP are eligible to join via new membership categories. A "Strategic Alliance Coordinator" position has been created within the organization to promote sport psychology, ideally leading to more visibility and greater employment opportunities globally. AASP and Human Kinetics are partnering to publish on-line resources on case studies. AASP is working to modify and update their certification process by 2015. A new edition of the Directory of Graduate Programs in Applied Sport Psychology is in progress. Membership is about 1700.
- u. Frederik Weibull- **European Network of Young Specialists in Sport Psychology (ENYSSP)** is an international organisation concerned with the promotion and dissemination of knowledge in the field of sport and exercise

psychology in the areas of research, education and applied work. ENYSSP was founded 10 years ago by former students from the European Masters in Sport & Exercise Psychology. We have currently about 125 members. Our 2013 workshop will take place 25-26 of October in Gothenburg, Sweden (around 100 participants from 25 countries will participate). A new initiative that ENYSSP has is to have country coordinators in each country in Europe. So far we have 30 country coordinators for 18 European countries and for the other continents. ENYSSP also has something that we call "Teasers for Teachers." This is an online platform where members share information about exciting ways of teaching sport and exercise psychology related topics. Since 2013 we carry out online peer consultation meetings in which ENYSSP members from all over the world can join to discuss cases. We send updates to our members by newsletter, the monthly flash news and through social media. <http://www.enyssp.org/>

3. New Business

- a. SPC Logo – at the last ISSP Council meeting they looked at various logos. The logo was approved in design but another color (something that stands out more than yellow) was suggested.



- b. Next meeting of the Sport Psychology Council will be at ASPASP in Japan.
- c. Website – The SPC website will include a world map with links to various sport psychology organizations website. The website will be available for all sport psychology organizations to link to. Startup funding for the SPC website was provided by AASP but the SPC website operates autonomously.

5 MEETING END

8:00 am

POST MEETING ACTION ITEMS

Action	Assigned To	Deadline
Review minutes and submit corrections to Judy VanRaalte (jvanraal@springfieldcollege.edu)	Everyone	October 25, 2013
Submit information about credentialing for your organization to share worldwide	Everyone who has sport psychology credentialing information to share	October 25, 2013
Suggest location of next meetings	Everyone	October 25, 2013

6 NEXT MEETING

[At ASPASP in Tokyo, Japan in 2014. Details to be determined.](#)